



VETERANS OF FOREIGN WARS POST 3787

MISSION VALLEY MESSENGER

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All American Post 1974-1975/2009-2010/2013-2014

November/December 2014



Commander's Communications

Comrades and Sisters, please extend a warm welcome to our 21 new members: Ben Cloud, Jesus Gonzales, Joven Perez, Alexander Rullan, Tracy Henderson, Richard Quiroz, Christopher Jennings, Jason Cox, Benjamin Wiseman, Eric Loya, Kerry Costello, Bill Fults, Lee Gabriel, Byron Firman, Geoffrey Ventura, Patricia McDermott, Andrew Smith, Arthur Dawson, David Gomez, Samuel Nick, and Scott Dingas. Wonderful to have you all on board!

Our Junior Vice Commander, Petty Officer First Class Mike Wilson, will be leaving the area in November. He has received orders to another command. His last official function will be at the Post meeting on Saturday, 8 November and at that time we will nominate and elect a Comrade to take over the responsibilities of Post 3787 Junior Vice Commander. If you are interested in filling this important Post position, please make your intentions known and attend the Meeting.

UPCOMING EVENTS: Please be sure to check the Calendar of Events on our website – Monthly Calendars are updated as changes occur. **IMMINENT Special Event:**



Veteran's Day Potluck

November 11th 1-4 pm



Kentucky Fried Chicken by KFC 6005 Mission Gorge Road. Sponsored by the Post

Bring a dish to share, enjoy the camaraderie and relax, a good day to be had by all!!!

LAUX President's Posting

Sisters, Jan Smith, hospital chairperson, needs socks, knit hats and basic toiletries for the LAUX monthly visits to the VA Hospital. These items are used as prizes for the Bingo games. A box will be placed at the Post home for donations.

Kid's Christmas Party - December 20th noon to 3pm.

The party will be for children 12 and under. Sign up no later than the Friday after Thanksgiving at the Post home. Please contact me or Kathie with any questions. We will no longer be providing Dinners on the third Wednesday of the month.

This night was no longer profitable enough to keep Edy and team in the kitchen. There will not be a Mexican Dinner in November. Please check with the board in the Post for status of Wednesday dinners in December, Ladies, remember our meetings are the third Tuesday of every month at 6:30pm. I encourage your participation.

Supporting our dinners and breakfasts funds our programs. This holds true for all of our organizations within the Post. Please come down and support us as often as you can. I look forward to seeing you at our Post home.

Karin



Commander's Comm. Cont:

(continued from page 1) Tuesday, 11 November, the Post will march in the annual San Diego Veterans Day parade. Following the parade, a Potluck, featuring the main dish of Kentucky Fried Chicken (KFC), will be held at the Post from 1PM to 4 PM. Please plan on attending, and if you can, please bring a dish to share. KFC provided by the Post.

NEW YEARS EVE. Wednesday, December 31st, let's celebrate upcoming 2015! Flyers are posted! Pertinent facts: Full Prime Rib Dinner from 5:30 to 7:30 PM. Music (oldies/rock/country/Spanish/classical) by Alex Armenta Party Entertainment (Vocalist/Guitarist/Entertainer) from 7:45 PM till 12:30 AM. New York-New Years Toast at 9:00 PM (Complimentary Champagne). Hats & Noisemakers provided. \$25.00 per person – reservations required – only 80 tickets available – reserved seating for 6 or more at a table. See the Commander or Bartender.

POST MONDAY NIGHT DINNERS. If you feel the urge and can help us out, please take a Monday and prepare your favorite dish. We'd love it! (Please note Bobby and Chrissy are back in November with a Chicken Fried Steak event). And, super thanks to Kerry Costello and Gina Salas (and family) for preparing and serving a delicious, authentic Greek dinner on Oct 6th – superb – and a first time specialty for the Post! (Note: they said they would be back next year – and we are only 60 days out! Stay tuned).

KITCHEN USE. Receiving complaints that users of the kitchen are not properly cleaning after the event. The kitchen, which includes the floor, is to be cleaned after EACH use. Please take this responsibility seriously!

ROOF. We are in the process of finishing the Post roof (estimated cost of \$6500.00) with the intent to strongly consider installing solar to significantly reduce our monthly gas and electric bill. A sincere thank you to the Men's Auxiliary for their recent \$500.00 donation and to several Post Members who have already pledged personal donations. However, even with these latest donations and the overage from our initial drive for the Roof, we are still short and additional donations would be sincerely appreciated. Holiday season is upon us – please use caution and be safe! Wishing everyone a happy, enjoyable Thanksgiving and a wonderful Christmas season with family and friends, as well as a Happy and Healthy 2015! In closing, a sincere thanks to all our wonderful volunteers who make it happen – and that includes our volunteer bartenders – without your dedication and devotion the Post would face some very serious concerns. Yours in comradeship, Jack Turner.



Men's Auxiliary Announcements

Hello Comrades & Sisters,

We want to wish everyone a Wonderful Thanksgiving, A Happy Christmas & A Very Merry New Year! Looking forward to Veterans Day parade. Any Aux member who wishes to be a part of the parade, please contact the Commander or myself. Thank you for your patronage of our meals this last year. We will be discussing future meals at our meeting. Thank you, David "Craig" Tofte

Veteran's Day Freebies/Discounts: The following organizations are giving Veterans and their families discounts and freebies for Veterans Day: Starbucks, Krispy Kremes, Outback, Red Lobster, McCormick & Schmick's, Californina Pizza Kitchen, Cici's Pizza, Ikea, Coco's (Pie), Soup Plantation, TGI Fridays, Applebees, On the Border, Red Robin, Denny's (Pancakes) Famous Dave's, BJ's, Olive Garden, Carrabbas, Einstein Bagels, Sizzler's and Chili's.

Cootie Corner:



Sisters and Comrades The holidays are fast approaching. The year has flown by and this is the time of year when our hospital visits become more important .

The beds fill with Vets because they're depressed , lonely , and have no one here for them.

The psych ward fills the fastest and will be that way long past the holidays season . So remember that the Cooties visits become more important to them .

On Nov. 7th. , I fly out to Wash. DC for our annual Tomb Trek. All expenses come out of my pocket , not Cootie funds.

On the 9th we travel to the Tomb of The Unknown Soldier were Cooties from all over the country gather . We are one of the few Organizations allowed to walk on the hallow ground to present wreaths to the Honor Guards who walk their post 24/7 365 days a year . They in turn lay the wreaths to each side of the Tomb. It is a very moving moment .

Walmart Checking Accounts

Alternative to Bank Checking Account: Walmart America's largest retailer is getting into the banking business in a big way. Walmart announced it will soon offer low-cost checking in partnership with Green Dot. The new checking account, dubbed GoBank, will be available at Walmart stores by the end of October. According to USA Today: GoBank will charge \$8.95 a month but will waive the fee if customers consent to a monthly direct deposit of \$500. Other fees that are associated with "free" checking accounts at commercial banks — for overdraft, not maintaining a minimum balance or writing bad checks — are waived. Steve Streit, CEO and founder of Green Dot, said in a statement:

A few years back I was honored to present the memorial card of Tyrell Woods on my wreath to lay with all others next to the Tomb. If you don't remember the name , think Benghazi .

I would be more then happy to do this for any member who would like for me to do the same for any past loved one form our or any Post .

I'll post some pics in the next newsletter .

Til then , have safe and joyous holiday season . I'll see ya'll at the post most likely at a dinner or breakfast , **HOPEFULLY** a Cootie burger and breakfast . We need your support to " Keep them smiling in beds of white ."

Mike seam squirrel PT 6 Jackalopes 619 6161644
mphchitown@hotmail.com



Chaplain's Message

Hello and best wishes to everyone at Mission Valley Post 3787. May God 's blessings be with you this season as we celebrate our Savior's birth this Christmas and look forward to the coming year. Let us remember those who cannot be with us this season and pray for God's mercy and grace to give their families and friends strength and comfort during this times. Since the last time I reported, James Burleigh, Floyd Pitts, and Francis Steichen have been called to their eternal home. May the love of God be with you all. Your chaplain, Jose Hernandez

VA Bingo DONATIONS needed for VA Hospital BINGO nights: knit caps/beanies, socks, deodorant, body wash, toothpaste and toothbrushes. Veterans...male and female, young and old...love this event hosted by

the Ladies Auxiliary on the 3rd Thursday of each month...7 PM Feel free to join us...cookies, fruit and juice served...meet at the home Post at 6 to carpool... Thank you, Jan Illig Smith, Hospital Chairman



MOCA Message:

Ladies: The Holidays are upon us again. We hope everyone has a Happy Thanksgiving, Merry Christmas and Happy New Year.

We'll be doing our yearly VA Christmas party. The patients receive cards and stamps in November to mail to family and friends. In December the patients receive ditty bags loaded with all kinds of goodies for themselves.

Our menu's will be November Liver & Onions or Meatloaf. December Cornish Game Hens. January Pot Roast. Thanks to all who support our meals. Keep em' Smiling in Beds of White Lynda Murguia
Treasurer

Service Officer: Have a problem with the VA? Need assistance to file a claim. Have you been reviewed for possible benefits? The Post has a specially trained Service Officer, Marilyn Maxwell, who would be glad to assist. The benefits are yours but you have to apply. The process is well worth the time and effort you put in applying.

Buddy Poppy Drive Started: The Poppy Year has started again. You will see the boards soon. Get yours now. Thank you to all who honor our Heroes. This year when we make up the Poppy Boards, Posters, and We Care Banners you can have a logo or sponsor name on the board with the honoree. If the honored person wants a logo with their poster, just indicate it on the form. You can see things like the Medal of Honor Ribbon, the 18th Airborne, and the Pearl Harbor Monument on the boards. If you would like a picture of the Honoree on the board that can be done, you have to provide the photo (it will be returned) and it will be placed alongside the name on the board. If you want the Sponsor Name on the banner, please indicate it. This should make our Boards very special and the best in the VFW. The Pet Board gives you an opportunity to Honor or remember your Special Pet. Please remember why we do this. The Poppy proceeds go to our relief funds and the making of Poppies employs our disable Veterans. Dick Agler, Poppy Chairman /Lynda Murgia Ladies Aux Chairman

2014 - 2015 VFW 3787 POPPY DRIVE REQUEST FORM PLEASE PRINT INFORMATION

SPONSOR (Your Name) _____

POPPY BOARD (\$5.00) (living person) - NAME ON BOARD _____

MEMORIAL BOARD (\$10.00) (deceased person or group) NAME you want on the Memorial Board. _____

THOSE WHO CARE (\$20.00) NAME you want on BOARD _____

PET BOARD (\$3.00) Honoring your Special Pet. Name you want on the board: _____

AMOUNT DONATED _____ DATE _____

There are four types of displays, Small Poster (to honor/recognize the living/Past) - \$5.00, Large Memorial Board (honoring the Past) - \$10.00, and a We Care Banner (honoring anyone Past or Present) - \$20.00. Pet Board - \$3.00 for honoring your Pet (Pass or Present)

Do you want a sponsor name, logo, picture, or emblem on the Poppy Poster/Board/Banner _____ (yes or no)

Please indicate: (ex: 18th Airborne, Medal of Honor, Bronze Star, US Navy emblem, Personal Picture, Pearl Harbor monument, Ford Truck etc. If I can find it I will put it on) Personal Pictures will be returned.

Indicate what you Would like on the Board

Dollars & Cents:



Greetings from the Quartermaster. Update on Canteen business model. As the savings are still being evaluated because some items are paid monthly, some quarterly and some annually the total answer is still unclear. What I can say is we are going to save about \$4500 over the next year in insurance costs. As none of changes generate any additional income we have to wait and see how the savings impact the Post, but right now it looks very favorable.

I am completely open to discussing this with any member. I have and will continue to brief the membership at our monthly meetings. I sincerely hope that these changes result in the benefits we expect. The Post is working towards doing the back roof now that the forward roof is complete. We believe we have enough funds to cover the costs, but anyone who would like to donate a few dollars to help with the finish process it would help. We are very close and are proceeding to get it done, but as with any roof we will not know the true cost until we take the old roof off and evaluate the existing roof structure. I just want to say I am very proud of our Bartenders who are really helping us keep the costs of the canteen and the Post down. You are just great folks. We have run into a couple of bumps recently, the fire inspection of the fire system in the kitchen revealed we need some updates which cost us \$550 and they found one fire extinguisher that needed replacement which cost another \$255. So, we gain we lose... it is a constant battle. We are still looking at trying to find a way to do solar electric for the Post. My guiding rule is that the cost of financing the installation can not exceed the savings we would see as a result of the lower electric bill. We are looking at financing 60 - 80 thousand dollars to have the installation done, it is a big step but can have great benefits for the Post. Thanks, Your friendly Quartermaster Rick Tanner

New Years Eve Dinner and Party are coming : The annual New York New Years Eve Party is in the final planning stages. Dinner, Music, party favors, etc all for \$25 per person. Tickets must be purchased in advance. Always a great time had by all, see the flyers at the Post.

Medicare Annual Enrollment Period (October 15 – December 7) The Annual Election Period runs from October 15 through December 7 each year. During this time, known as the "AEP," Medicare beneficiaries may change prescription drug plans, change Medicare Advantage plans, return to Original Medicare, or enroll in a Medicare Advantage plan for the first time. Coverage for enrollment changes takes effect on January 1.

VFW Post 3787 will do a Pot Luck High lighted by the World Famous Fried Chicken (Imported). Please bring a side dish to share and enjoy Veterans Day at the Post. We will start at 1:00. Celebrate Veterans Day with Friends, Comrades, Sisters, and Friends. Good time to be had by all. The Post and Auxiliary will be in the Parade that morning, if not marching or riding come out to watch the Parade and enjoy the food and drink after the Parade. Great Day to honor all our Veterans; They are a National Treasure. Eleventh Month, Eleventh Day, Eleventh hour.

Thanksgiving: The Post and its Auxiliaries will provide the annual Free Thanksgiving Day dinner at the Post 3- 7 PM. We need donations of food, desserts, and Turkeys/Hams (sign up sheet at the canteen). This meal is open to all who would like to share Thanksgiving with VFW Post 3787. Active Duty, Families, Veterans, etc are invited. Large groups needing reservations please see Linda for coordination. The Kitchen will be close on November 25/26th to allow the Chefs to prepare this great feast

Day Light Savings Time: The Clocks go back 2:00am Sunday November 2. Do not Forget.

Remember Vet Legal Clinic, 3rd Saturday Every Month 9am - Noon **FREE**





2014 Elections

The Nation will hold elections on Tuesday November 4th. There are two principles that need to be applied: (1) become informed on the candidates and issues (2) Vote. Many of you sacrificed so this right can be exercised by the public. It does matter who you vote for, but please vote your voice matters and it was a hard won right protected by many Service People.

History of Veterans Day

World War I – known at the time as “The Great War” - officially ended when the Treaty of Versailles was signed on June 28, 1919, in the Palace of Versailles outside the town of Versailles, France. However, fighting ceased seven months earlier when an armistice, or temporary cessation of hostilities, between the Allied nations and Germany went into effect on the eleventh hour of the eleventh day of the eleventh month. For that reason, November 11, 1918, is generally regarded as the end of “the war to end all wars.” In November 1919, President Wilson proclaimed November 11 as the first commemoration of Armistice Day with the following words: "To us in America, the reflections of Armistice Day will be filled with solemn pride in the heroism of those who died in the country's service and with gratitude for the victory, both because of the thing from which it has freed us and because of the opportunity it has given America to show her sympathy with peace and justice in the councils of the nations..."

The original concept for the celebration was for a day observed with parades and public meetings and a brief suspension of business beginning at 11:00 a.m. An Act (52 Stat. 351; 5 U. S. Code, Sec. 87a) approved May 13, 1938, made the 11th of November in each year a legal holiday—a day to be dedicated to the cause of world peace and to be thereafter celebrated and known as "Armistice Day." Armistice Day was primarily a day set aside to honor veterans of World War I, but in 1954, after World War II had required the greatest mobilization of soldiers, sailors, Marines and airmen in the Nation's history; after American forces had fought aggression in Korea, the 83rd Congress, at the urging of the veterans service organizations, amended the Act of 1938 by striking out the word "Armistice"

VA Flu Shots Free

VA San Diego Healthcare System (VASDHS) is offering FREE flu shots for all enrolled Veterans, from September 23, 2014 to December 20, 2014. Patients with a scheduled appointment will be given flu vaccine during their clinic appointment. - See more at: www.sandiego.va.gov



and inserting in its place the word "Veterans." With the approval of this legislation (Public Law 380) on June 1, 1954, November 11th became a day to honor American veterans of all wars.

Later that same year, on October 8th, President Dwight D. Eisenhower issued the first Veteran's Day Proclamation which stated: "In order to insure proper and widespread observance of this anniversary, all veterans, all veterans' organizations, and the entire citizenry will wish to join hands in the common purpose. Toward this end, I am designating the Administrator of Veterans' Affairs as Chairman of a Veterans Day National Committee, which shall include such other persons as the Chairman may select, and which will coordinate at the national level necessary planning for the observance. I am also requesting the heads of all departments and agencies of the Executive branch of the Government to assist the National Committee in every way possible." The Uniform Holiday Bill (Public Law 90-363 (82 Stat. 250)) was signed on June 28, 1968, and was intended to ensure three-day weekends for Federal employees by celebrating four national holidays on Mondays: Washington's Birthday, Memorial Day, Veterans Day, and Columbus Day. It was thought that these extended weekends would encourage travel, recreational and cultural activities and stimulate greater industrial and commercial production. Many states did not agree with this decision and continued to celebrate the holidays on their original dates.

The first Veterans Day under the new law was observed with much confusion on October 25, 1971. It was quite apparent that the commemoration of this day was a matter of historic and patriotic significance to a great number of our citizens, and so on September 20th, 1975, President Gerald R. Ford signed Public Law 94-97 (89 Stat. 479), which returned the annual observance of Veterans Day to its original date of November 11, beginning in 1978. This action supported the desires of the overwhelming majority of state legislatures, all major veterans service organizations and the American people. Veterans Day continues to be observed on November 11, regardless of what day of the week on which it falls. The restoration of the observance of Veterans Day to November 11 not only preserves the historical significance of the date, but helps focus attention on the important purpose of Veterans Day: A celebration to honor America's veterans for their patriotism, love of country, and willingness to serve and sacrifice for the common good.

VFW Post 3787 Officers		Men's Auxiliary VFW Post 3787 Officers
Jack Turner - Post Commander Phone: 619-742-0698	John Kelley - Sr. Vice Commander Phone: 619-281-3871	Craig Tofte - President
Mike Wilson - Jr. Vice Commander	Rick Tanner - Post Quartermaster Phone: 858-569-6507	James Washburn - Sr. Vice
Jose Hernandez - Chaplain Phone: 858-222-4792	Marilyn Maxwell - Service Officer Phone: 619-400-5322	Walter Mitte - Jr. Vice
Fay Hargis - Canteen Manager	Canteen: 619-281-0137;	Richard Hunt - Treasurer
Office phone: 619-281-7067		Frank Janczylik - Secretary
		Marcello Gaetano - Chaplain

Ladies Auxiliary VFW Post 3787 Officers	
Karin Fowler - President Phone: 619-583-7879	Annette Perea - Sr. Vice Phone: 619-248-3486
Edy Vallese - Jr. Vice	Nicolette Kelley - Secretary Phone: 619-281-3871
Jan Illig Smith - Treasurer Phone: 858-220-4348	Kathie Okolski - Chaplain Phone: 858-740-1269

<p>November: 11/4 - US General Election Day 11/10 - USMC Birthday 11/11 - Veterans Day 11/27 - Thanksgiving</p> <p>December: 12/7 - Pearl Harbor Day 12/25 - Christmas 12/26 - Kwanza 12/31 - New Years Eve</p>

Lowes Discount 10%

Military Discount. Lowe's established the 10% Military Discount to support the men and women who are currently serving our country in the Armed Services and to honor retired service members and recipients of Department of Veterans Affairs (VA) benefits. This 10% discount is also extended to the immediate family of those eligible for the discount. Immediate family is defined as the spouse and children under age 18. To qualify for the Everyday 10% Military Discount, you must:

- Be currently serving in, or retired from, a qualifying branch of the Armed Services, or be the immediate family member of someone who is and have a valid military ID Card; or
- Be a veteran who receives VA benefits and have a valid Veteran Identification Card (VIC).

Veterans Discount. Lowe's honors all Veterans on three specific holidays: Memorial Day, 4th of July and Veterans Day. During these three holiday weekends, Lowe's will offer a 10% to all veterans who served honorably and who present a valid Form DD214 or other proof of service. The discount is extended to the veteran community on these three holidays only.

AED Donated. Help needed



Priscilla Mudge (Ladies Auxiliary) has acquired an AED device for the Post donated. These devices can save a life in case of a heart attack and are simple to use with verbal directions being part of the devices' features. She is working with Kathie Okolski to get the training required for the device at a low or no cost (possibly from our 2013 Fireman of the Year). Training of a certain number of volunteers must occur before the device can be installed. If you are interested in being trained to use an AED please give your name to Capt Jack, Kathie Okoloski or Priscilla if you would like to Participate.

COLA Increase Determined

Earlier this year, Congress passed the authorization for Cost of Living Adjustment (COLA) for all Veterans Affairs beneficiaries. What wasn't known at the time was the amount of the increase, which is based off of the Consumer Price Index and determined by the Social Security Administration (SSA). Just this week the SSA announced that COLA will increase by 1.7 percent beginning December 2014

Veteran Legal Clinic SITREP, October 18: Attorney Craig Candelore, Attorney Howard Thomas (Army Special Forces Sarah Tipton, Military Veteran Advocate and Peer Mentor operated the clinic. We had twelve (12) veterans attended the clinic. Some of these veterans had more than one issue.

1. USMC Vet was seeking assistance in changing an unfavorable (1) DD214 Service Discharge Code and (2) Discharge classification Upgrade. (1) We explained to the Veteran that only the actual military services can change a DD214 discharge code. This issue is different than a discharge upgrade. Like for a discharge upgrade the Veteran needs to obtain his medical and personnel record to see what the Veteran could use in his application and what is in his record that would be used against him. The Veteran needs to address his request to the Commandant of the Marine Corps (2) Because Veteran was recently discharged he could apply for a discharge upgrade from either Service Boards that have the power to upgrade. Veteran had a compelling case since he had served well and honorably for 20 years but due to two DUIs, after returning from overseas deployment, was “cashiered” from the Marine Corps. The Veteran received a General Discharge under Honorable Conditions but feels he deserves an Honorable Discharge. Veteran believes that because he was not diagnosed with PTSD upon his return from deployment the service, he was not treated properly.
2. USN Vet was seeking assistance in changing an unfavorable (1) DD214 Service Discharge Code and (2) Discharge classification Upgrade. (1) We explained to the Veteran that only the actual military services can change a DD214 discharge code. This issue is different than a discharge upgrade. Like for a discharge upgrade the Veteran needs to obtain his medical and personnel record to see what the Veteran could use in his application and what is in his record that would be used against him. The Veteran needs to address his request to the Secretary of the Navy (2) Veteran had a conflict with his crew, the command booted him out. The Veteran received a General Discharge under Honorable Conditions but feels he deserves an Honorable Discharge. Veteran was within the 15 years statute of limitations to apply for a discharge upgrade. The Veteran received a General Discharge under Honorable Conditions but feels he deserves an Honorable Discharge.
3. USN Vet was seeking assistance with three (3) issues: (1) Lawsuit against a SD police officer for assault (2) Lawsuit against a naval base gate guard (3) Family law matter. Veteran claims he was assaulted by a SD police officer without cause which caused him physical injuries. He claims he was with two witnesses. Veteran was referred to an attorney who specialized in alleged police abuse to see if the case has merits. (2) Regarding the assault and battery by a DOD gate guard the Veteran was referred to Personal Injury Attorneys who specialized in the Federal Tort claim Act. (3) Mother of his child was in Seattle and moved to Idaho without notifying him. His case is in the Department of Child Support Service system up in Seattle. Veteran was told to have his case transferred from Seattle to San Diego since Mom was no longer in Seattle. Normally, like all Civil Cases, DCSS cases are prosecuted where the “Defendant” lives. Once the case is moved down to San Diego he could file a motion for custody and visitation.
4. USN Vet was seeking assistance in changing an unfavorable DD214 Service Discharge Code. We explained to the Veteran that only the actual military services can change a DD214 discharge code. This issue is different than a discharge upgrade. Like for a discharge upgrade the Veteran needs to obtain his medical and personnel record to see what the Veteran could use in his application and what is in his record that would be used against him. The Veteran needs to address his request to the Secretary of the Navy. Veteran had a compelling case as he was honorably discharged after serving 7 ½ years without a blemish but the Navy for some reason gave him a R-4 reentry code. It appears this was simply human error on the part of the discharge clerk typing up the DD214.
5. USN Vet was seeking assistance in how to handle the Immigration Application for his Wife who was in the US without authorization. Veteran and Wife have a 3 year old child who was born in the US. Normally a person cannot apply for legal status from an illegal status. However given the hardship, we believe Wife could receive a waiver to apply for her green card while living with her husband and child in the US. Veteran was referred to several immigration attorneys.
6. USN Veteran was seeking assistance on drafting a Will. He has an old will that leaves assets to his Ex-Wife and give his Ex-Wife a power of attorney. Vet needs to immediately revoke his old will and power of attorney and update his will and power of attorney.
7. USN Vet was seeking assistance in changing an unfavorable (1) DD214 Service Discharge Code and (2) Discharge classification Upgrade. (1) We explained to the Veteran that only the actual military services can change a DD214 discharge code. This issue is different than a discharge upgrade. Like for a discharge upgrade the Veteran needs to obtain his medical and personnel record to see what the Veteran could use in his application and what is in his record that would be used against him. The Veteran needs to address his request to the Secretary of the Navy (2) Veteran was within the 15 years statute of limitations to apply for a discharge upgrade. The Veteran received an Other Than Honorable. However Veteran had untreated PTSD and may use this to request a tolling of the 15 year statute of limitation. Explained that overcoming the 15 statute of limitation was an uphill battle.
8. USN Vet is seeking information on how to file a VA disability claim. The veteran was being treated at the VA for on-going medical problems. The Veteran had not yet filed for his VA disability claim. He was referred to Marilyn Maxwell the VFW VSO. We provided the Veteran with the contact number and drew a strip map on how to physically locate Marilyn at the Mission Valley VA building.
9. USN Vet was seeking assistance with current Family Law matter involving divorce, paternity, domestic violence, child custody, and child support. We reviewed all her paperwork and explained where her case was in the legal system and what was her next step. Veteran is simply overwhelmed. Referred the Veteran to several family law attorneys.
10. USN Vet seeking assistance with a Discharge Upgrade of a Other Than Honorable (OTH). The Veteran was discharged from the Navy in the early 1980s. We explained that he was past the 15 year statute of limitation for filing for a discharge upgrade. His best chance is to request a tolling of the SOL due to PTSD. We explained that he had an uphill battle. First step was to obtain all his medical and personnel records.
11. USMC Vet was seeking advice on how to apply for an increase in VA disability compensation. His service connected medical injuries had gone from bad to worse, namely his leg and knee and the Veteran wanted an increase in disability rating and compensation. He was referred to Marilyn Maxwell the VFW VSO. We provided the Veteran with the contact number and drew a strip map on how to physically locate Marilyn at the Mission Valley VA building.
12. USMC Vet was asking advice on how to proceed after being sued for Trademark Infringement lawsuit. Plaintiff, a big Los Angeles restaurant chain, was suing Defendant Veteran for name infringement. Veteran operates a “mom and pop” fast food on wheels. Plaintiff claims the Defendant’s business name is close to the Plaintiff’s business name. It is not. The lawsuit seems totally without merit. HRT will help the Veteran draft a letter requesting a dismissal based on “no confusion of names in the market place” defense. This case appears to be a case of oppression and malicious prosecution.

Our Proud Sponsors:



Craig A. Candelore, Esq.

Life Member VFW Post 3787

Lisa Berg, Esq

Wills & Trusts, Husband & Wife (AB) Trust

Medical Health Directive, Powers of attorney

Divorce, Custody & Support

Men's Legal Center

Family Law Advocates ®

940 "C" Street, San Diego, CA 92101

(619) 234-3838; www.menslegal.com

We're on the Web!
www.vfwpost3787.com

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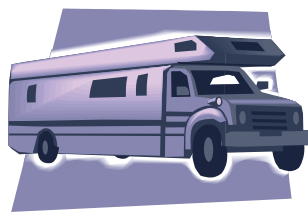
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Group

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Amy Milligan
Restaurant General Manager



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Mission Valley Post 3787 & Ladies /Men's Auxiliary

November 2014

Last Updated: 10/31/2014

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
							1 BURGERS 12-2pm
2 Cdr's Bkfst 8-noon	3 OPEN	4 Linda Lunch 12-2	5 Cootie Burgers 5 - 7 pm	6 Linda Lunch 12-2	7 Fish Dinner by LAUX (Edy&Evelyn) 5:00- 7:00PM	8 Wounded Warrior Dinner 5-7 (Tommy & Carol) - Stuffed Prk Chops	
9 Cootie Bkfst 8-noon	10 OPEN	11 Vets Day Parade, Pot Luck 1 - 4 PM	12 OPEN	13 Linda Lunch 12-2	14 MOCA Dinner by Lynda 5-7pm	15 BURGERS 12-2pm	
16 LAUX Bkfst 8-noon	17 Chicken Fried Steak by Bobby & Chrissy 5 - 7 PM	18 Linda Lunch 12-2	19 OPEN	20 Linda Lunch 12-2	21 LAUX Fish Dinner (Nicky'Crew) 5-7pm, Karaoke 7:30-11:30	22 Burgers (Jerry & Gus) 11-2pm	
23 MCorp Bkfst 8-noon	24 OPEN	25 Linda Lunch 12-2	26 Kitchen Closed for Thanksgiving Prep	27 THANKSGIVING Din- ner 4 - 7 PM	28 Men's Aux Dinner 5 - 7 PM	29 Burgers 12-2pm	
30 SubVets Bkfst 8-noon							

Standing Meetings/Sessions:

Men's Auxiliary Mtg: 11/01 @ 10:00AM

Post Meeting: 11/08 @ 10AM

Cootie/MOCA Mtg: 11/09 @ 12:00PM

SUBVETS Mtg: 11/11 @ 7:00PM

Vets Legal Clinic: 11/15 @ 9:30-11:30am

Ladies Auxiliary: 11/18 @ 6:30PM

Marine Corps League Mtg: 11/20 @ 7:00PM

Address: 4370 Twain Avenue, San Diego, CA 92120

WWW.VFWPOST3787.COM

Phone: 619-281-0137



Mission Valley Post 3787 & Ladies /Men's Auxiliary

December 2014

Last Updated: 10/31/2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 OPEN	2 Linda Lunch 12-2	3 Cootie Burgers 5 - 7 pm	4 Linda Lunch 12-2	5 Fish Dinner by LAUX (Edy&Evelyn) 5:00- 7:00PM	6 Men's Aux Burgers 12-2pm
7 Cdr's Bkfst 8-noon	8 OPEN	9 Linda Lunch 12-2	10 Mexican Nite by LAUX 5-7pm	11 Linda Lunch 12-2	12 MOCA Dinner by Lynda 5-7pm	13 SubVets Christmas Party 1-5pm
14 Cootie Bkfst 8-noon	15 OPEN	16 Linda Lunch 12-2 	17 OPEN	18 Linda Lunch 12-2 	19 LAUX Fish Dinner (Nicky'Crew) 5-7pm, Karaoke 7:30-11:30	20 Kids Christmas Party 11-3pm
21 LAUX Bkfst 8-noon	22 OPEN	23 Linda Lunch 12-2	24 CHRISTMAS EVE	25 CHRISTMAS DAY	26 Men's Aux Dinner 5 - 7 PM	27 Men's Aux Burgers 12-2pm
28 MCorp Bkfst 8-noon	29 OPEN	30 Linda Lunch 12-2	31 NEW YEARS EVE Dinner & Party			

Standing Meetings/Sessions:

Men's Auxiliary Mtg: 12/06 @ 10:00AM

Post Meeting: 12/13 @ 10AM

Cootie/MOCA Mtg: 12/14 @ 12:00PM SUBVETS Mtg: 12/09 @ 7:00PM

Vets Legal Clinic: 12/20 @ 9:00AM-3pm

Ladies Auxiliary: 12/16 @ 6:30PM Marine Corps League Mtg: 12/18 @ 7:00PM

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