



VETERANS OF FOREIGN WARS POST 3787

MISSION VALLEY MESSENGER

Volume 57, Issue #5

All American Post 2009-2010

September/ October 2014



Commander's Communications

Comrades and Sisters, please extend a warm welcome to our 31 new members: Brentin Hooper, Manual Martinez, William Riddick, Douglas Myers, Jose Navarro, John Kinley, Thomas Hislop, Nilo Ondevilla, Tem Bugarin, Antonio Pelina, Timothy Coon, James Frada, Giovanni Tilotta, William Corcoran, Jesus Hernandez, William Weller, Richard Frith, Ron Berard, Sean MacPhee, Mark Crews, Oakley Warran, Teodolfo DeLeon, Michael Grandison, Joe Garcia, Alex Marondiaz, Albert Austria, Jose Delacruz, Lidia Dorame, James Price, Ernesto Espiritu, and Albert Ramirez.

Our Post 3787 received All-American Recognition at the National Convention in St. Louis. A sincere thank you to everyone who made it happen. Of noteworthy interest, there were only 11 Posts in the Department of CA to receive this honor and Post 3787 was the only Post in District 1 to receive this prestigious award. Members interested in purchasing an official VFW Post 3787 Cap, continued on next page.....

Happy Labor Day!



Labor Day Potluck

September 1st 12-3pm

Happy Labor Day!



Kentucky Fried Chicken by KFC 6005 Mission Gorge Road. Sponsored by the Post

Bring a dish to share, enjoy the camaraderie and relax, a good day to be had by all!!!

LAUX President's Posting

Sisters,

Jan Smith, Craig Tofte, Sara and Art delivered 54 bags and 4 boxes of clothing, shoes and toiletries to our Vets at Stand Down this year. Kathie Okolski delivered shoes, as well.

Christmas in July was a success, mostly due to the sale of the stockings and the pie raffle headed up by Tommy Hallauer and Bobby Netwal that raised \$112 for our Cancer Fund. Thank you to

Linda Prince for heading up this event and all who participated in the stocking sales. It was truly a team effort.



We Need You!!! The Comrades have asked for us to provide finger sandwiches, cookies and beverages for the POW event on September 13th. Please let Jan Smith know if you can donate sandwiches and or cookies. We will also be hosting, continued on next page...

Commander's Comm. Cont:

(continued from page 1).....are requested to contact our friendly Quartermaster, Rick Tanner, and he can assist you. Chrissy and Bobby Netwal have been voluntarily providing Monday Night dinners for the past several months and we sincerely thank and appreciate their generosity and loyalty. Now they must take a break so the Post can certainly use some help on these Monday dinners. In this respect, the Ladies Auxiliary recently stepped up and took a Monday night dinner in August with the proceeds being donated to the Post – thank you Ladies! Please, if you run short of supplies and find it necessary to “use” one of the other Organizations supply stock, please ensure you leave a short explanatory note and then take prompt action to replace the supplies. Thanks go out to our Senior Vice John Kelley and his crew for putting together our annual Picnic. A good time – hope everyone enjoyed it. Once again, a sincere thanks to all our dedicated volunteers who make it happen! Yours in comradeship, Jack Turner



Men's Auxiliary Announcements

Hello Comrades & Sisters,

As the Men's Auxiliary begins another year, I personally want to thank all the guys that have participated this last year. Jimmy “The Greek”, Frank, Tony, Marchello, Walter & Jimmy. A special thank you to Past President Walter Mitte for tasking on the last 2 years and for the last tough year of the Saturday BBQ! Please also keep our “Treasurer for Life” Richard Hunt in your prayers. He suffered a stroke and is in a recovery center for a while...GOD Speed my friend! We have a few special dinners coming your way in the next few months. I sure hope you can all make it for the fourth Friday Men's Aux dinners. Look forward to seeing & serving all the vets, their family and friends for the next year. Thank you, David “Craig” Tofte

Friday - September 26th
Pork Spare Rib Dinner
By Tony Espinoza
Salad, mixed veggies/beans
Roll & dessert
Donation \$9.00



Friday - October 24th
Salisbury Steak Dinner with
Old English Gravy
by Craig Tofte
with sides & dessert
Donation \$7.00



President's Posting Cont:

(continued from page 1).....the district membership meeting on September 23rd. Please contact Lynda "with a Y" if you can help in the kitchen. Our next Soup and Salad will be on Wednesday in October 29. Linda Prince will have a sign-up sheet and we need your donations and attendance to make this event a success. Please remember your attendance and participation at our dinners and breakfasts funds our programs. This holds true for all of our organizations within the Post. Please come down and support us all as often as you can. I look forward to seeing all of you at our Post home and working with you all during this year. Thanks, Karin

Cootie Corner:

To all of our Supporters,

We LOVE you! Bobby, Rick, Capt. , Sharron , and Jerry and Loyce for your generous donations to my last message. Thank you, Thank you, and Thank you. Even though they could not support our burger night or breakfast, they STILL supported our cause by paying for their dinners in cash or check. That's the kind of backers we need to keep our hospitalized Vets "Smiling in sheets of white".

Our burger night is still suffering. Serving only 15 meals is still putting us in the hole. Our breakfast this month only served 45. That's the lowest amount we have EVER served. Life is hard, times are tough, but we are the lucky ones because we are not lying in a bed at the VA hospital.

Want to see what we do? Want to feel good about what you have just done for a vet? You are more

than welcome to join us for our next hospital visit. Make ONE visit and I am sure that you will understand just what we do. Our visits are usually on the 4th Sat of each month; unless the VA tells us differently due to manpower.

Remember also, our MOCA, who also serve an awesome dinner to cover the cost of the sandwiches, treats, and beverages that we serve after every bingo session. Joyce and our gorgeous ladies treat your taste buds to some of the best dinners I have ever had. Gus...I love you man!!! He spends more time in the kitchen than anyone I know. Without his support I believe the kitchen wouldn't make a dime. Congratulations to our Post for making All Star Status. It wouldn't have been possible without all of our hospital reports. Thank you for your support, Cootie Mike, Seam Squirrel,

mphchitown@hotmail.com 619.616.1644

POW /MIA National Recognition Day:

POW/MIA Recognition Day (September 20) is a day of remembrance and hope for the speedy and safe return of American Prisoners of War, and those still Missing in Action. It also seeks the return of the remains of fallen soldiers.

The first official commemoration of POW/MIAs was July 18, 1979. It was the result of resolutions passed in Congress. The first national ceremony was held on this date. Over the next several years, it was held in varying dates of the year. Finally, in 1986, The National League of Families proposed the third Friday in September as a day to recognize and remember POW/MIAs. This date was selected, as it is not associated with any wars. Each

year, the president of the United States issues a proclamation on this day. See below for information



POW / MIA **TRIBUTE** **CEREMONY**

SATURDAY, SEPTEMBER 13TH

TIME: 1pm

WHERE: POST 3787

Guest Speakers to be announced Soon

Light lunch will follow the ceremony



MOCA Message:

Ladies:

The MOCA Convention is over and Jack-A-Lope's #6 received certificates for the following programs. National Home chairman Joyce Sellers, Blood donation Deborah (Debo) Murguia, 1st place for caring for 4,834 patients, 3rd place for volunteer hours 1,178.5, 3rd place for total credits for caring & sharing \$3,746.50 and 1st place for top recruiter Lynda Murguia. We did well this year but the Auxiliary could use more people to donate sandwiches or cookies for our monthly VA hospital visit. The visit is the last Saturday of the month. If anyone is willing to donate please call President Josie Gregg 619-448-2913 or Hospital chairman Lois Brown 619-501-8562. Money donations are also welcome as we are ready to start planning for the VA Christmas party.

Our meetings are being held on the second Sunday at 12:00 (noon) right after the Cootie breakfast. Thanks to everyone who has paid their 2015 dues. We still need 8 members and the Auxiliary will be 100%. To our ill members Alicia Ketcham (back surgery) and JoAnn Hogan (broken elbow hope it's not your bingo arm) we wish you a speedy recovery. Keep 'm Smiling in beds of white. Lynda Murguia Treasurer

Remember

Vet Clinic
3rd Saturday
Every Month
9am - Noon
FREE



National Grandparents Day:

National Grandparent's Day (September 8th) originated in 1978. Then President Jimmy Carter declared it to be the first Sunday after Labor Day.



In 2004, the National Grandparents' Day Council of Chula Vista, California announced that "A Song for Grandma and Grandpa" by Johnny Prill would be the official song of the U.S. National Grandparents Day holiday.

The official flower of the Grandparents Day is the forget-me-not which blooms in the spring. As a result, seasonal flowers are given in appreciation to grandparents on this day.

Labor Day:

The first Monday in September, is a creation of the labor movement and is dedicated to the social and economic achievements of American workers. It constitutes a yearly national tribute to the contributions workers have made to the strength, prosperity, and well-being of our country. See page 1 for details on the Post Celebration information.

LAUX Dist. Membership Mtg.:

September 23rd—Ladies Auxiliary for Post 3787 will be the host for this month's rotation of the Ladies Auxiliary District Membership meeting. LAUX is looking for any of its members to help support in any way that you can, please contact Lynda "with a Y" directly. The meeting is for LAUX members only, come out and support the discussion and efforts. A light dinner to be served at 6pm, with the meeting beginning promptly at 7pm.

Dollars & Cents:



I write this article to help all members understand the Canteen Business Model changes VFW Post 3787 has put into effect in August. There seems to be some confusion and misinformation about exactly what this means and how it impacts our great bartenders. As I have written in previous articles I was very concerned with the State of California's minimum wage increases and our ability to continue to have paid employees. Now the City of San Diego has implemented increases that make the situation for VFW Post more critical. After a great deal of thought and debate, the decision was reached to (1) Change the Canteen Manager's position from hourly employment to a salaried position and remove the paid leave benefit, (2) no longer have bartenders on an hourly payroll, (3) have all bartenders be volunteers to VFW Post 3787 and (4) provide a Travel allowance to each Volunteer Bartender for offset the cost of traveling to and from the Post for each shift.

The 4 items have been accomplished and I wish to personally thank our loyal bartenders for working with us on this issue. If you see one of them Please thank them for helping VFW Post 3787 Canteen to remain solvent. They are just super people.

I want to state a few specifics about this change; after careful analysis I can assure you that if we had not taken these proactive actions VFW Post 3787 would have been on a direct path to closing the Canteen in the near future. We could not raise the price of drinks to even come close to covering all the associated costs with the minimum wage. The price increase would have been so large that we would have driven customers away. Next, there is nothing illegal with this business model change; we are about the last VFW Post in San Diego to move to volunteer bartenders and it is common throughout the Department of California. It is something private Veterans Clubs do routinely. Being totally candid, we will not know the results of this model change for a few months as the cost savings is coming from the associated costs of having employees. As the results become available, I will provide them to the entire membership.

I personally regret having to implement these changes as there are impacts on people but we could not find any other course of action and we are not completely sure it will solve the issue. Although I have had a few people comment on the change, no one to date has provided an alternative solution to the real fact that although we are solvent, we were on a path to having to close the canteen which functions for the membership. We did look at options like price increases, limiting hours, opening and closing times, size of drinks, etc. None of or any combination of resulted in the necessary fiscal changes to keep us from not closing the Canteen in the future.

I am completely open to discussing this with any member. I have and will continue to brief the membership at our monthly meetings. I sincerely hope that these changes result in the benefits we expect. Thanks,
Your friendly Quartermaster Rick Tanner



Battle of Antietam:

Also known as the Battle of Sharpsburg fought on September 17, 1862, near Maryland and Antietam Creek was the first major battle in the American Civil War to take place on Union soil. It is the bloodiest single-day battle in American history, with 22,717 dead, wounded, and missing on both sides combined.

Native American Day:



September 27th This day is set aside to honor and celebrate Native Americans, the first Americans to live in the U.S. Still commonly referred to as American Indians, the term "Native Americans" has been used in recent years as a sign of respect and recognition that they were indeed the first people to populate our great and wonderful nation.



Navy Day:

In the United States, Navy Day is commonly celebrated on October 27th. This date was selected as it was the birth date of President Theodore Roosevelt, an avid supporter of the U.S. Navy. In the 1970's, research determined that the birthday of the U.S. Continental Navy was October 13, 1775. At the time, efforts were made to move Navy Day to this date. However, Navy Day in the United States, is still largely recognized as October 27th.

Columbus Day:

Columbus Day first became an official state holiday in Colorado in 1906, and became a federal holiday in the United States in 1937, though people have celebrated Columbus's voyage since the colonial period. In 1792, New York City and other U.S. cities celebrated the 300th anniversary of his landing in the New World. President Benjamin Harrison called upon the people of the United States to celebrate Columbus Day on the 400th anniversary of the event. During the four hundredth anniversary in 1892, teachers, preachers, poets and politicians used Columbus Day rituals to teach ideals of patriotism. These patriotic rituals were framed around themes such as support for war, citizenship boundaries, the importance of loyalty to the nation,

and celebrating social progress. Many Italian-Americans observe Columbus Day as a celebration of their heritage, the first occasion being in New York City on October 12, 1866. Columbus Day was first enshrined as a legal holiday in the United States through the lobbying of Angelo Noce, a first generation Italian, in Denver. The first



statewide Columbus Day holiday was proclaimed by Colorado governor Jesse F. McDonald in 1905, and it was made a statutory holiday in 1907. In April 1934, as a result of lobbying by the Knights of Columbus and New York City Italian leader Generoso Pope, Congress and President Franklin Roosevelt made October 12 a federal holiday under the name

VFW Post 3787 Officers		Men's Auxiliary VFW Post 3787 Officers
<u>Jack Turner</u> - Post Commander Phone: 619-742-0698	<u>John Kelley</u> - Sr. Vice Commander Phone: 619-281-3871	Craig Tofte - President
<u>Mike Wilson</u> - Jr. Vice Commander	<u>Rick Tanner</u> - Post Quartermaster Phone: 858-569-6507	James Washburn - Sr. Vice
<u>Jose Hernandez</u> - Chaplain Phone: 858-222-4792	<u>Marilyn Maxwell</u> - Service Officer Phone: 619- 400-5322	Walter Mitte - Jr. Vice
<u>Arliss Mathern</u> - Canteen Manager	<u>Canteen:</u> 619-281-0137;	Richard Hunt - Treasurer
<u>Office</u> phone: 619-281-7067		Frank Janczylik - Secretary
		Marcello Gaetano - Chaplain
Ladies Auxiliary VFW Post 3787 Officers		September: Self Improvement Month 09/01 - Labor Day 09/16 - Mexican Independence Day 09/27 - Native American Day October: Domestic Violence Awareness Month 10/14 - Columbus Day 10/27 - Navy Day 10/31 - Halloween
<u>Karin Fowler</u> - President Phone: 619-583-7879	<u>Annette Perea</u> - Sr. Vice Phone: 619-248-3486	
<u>Edy Vallese</u> - Jr. Vice	<u>Nicolette Kelley</u> - Secretary Phone: 619-281-3871	
<u>Jan Illig Smith</u> - Treasurer Phone: 858-220-4348	<u>Kathie Okolski</u> - Chaplain Phone: 858-740-1269	

Letter from the Editor:



As promised, I am sharing a bit of information on increase I had noted for Mexican Night and the fundraising efforts. As noted on the Independence.org website, "Countless Veterans who have lost their mobility now have a chance to re-experience the outdoors with the help of these marvelous all terrain wheelchairs. No longer must our Veterans be confined to the pavement! Fishing, hunting, going to the beach, even playing with their own children in their backyard are all now possible - sweet Independence!

I have done much research regarding other organizations with similar initiatives, and this one the money really does go to the vets directly....no extreme overhead!! More details and a photo of a all terrain wheelchair can be found on the back cover of this issue of the newsletter, Should you have any questions, just let me know, Thank you , Mrs. "P".

Mexican Independence Day:

September 16th 1810, Father Miguel Hidalgo of Dolores, Mexico was planning a revolt to free the country from Spanish rule. On September 15, 1810 at 11:00 pm, Father Hidalgo rang his church bell to call his parishioners, and rally them to fight off Spanish rule. He then made a speech to his congregation, and the fight for freedom began. Today, Mexican people mark this very special holiday, by repeating the ringing of the bells at 11:00 pm on the 15th. It is followed by a day of celebrations on the 16th.

Halloween:



It's absolutely Halloween. And, Halloween is absolutely the best holiday of the year. It's a favorite for many of us, as there is no stress, no overload, and no "Holiday Depression". It's just absolutely fun!!!!

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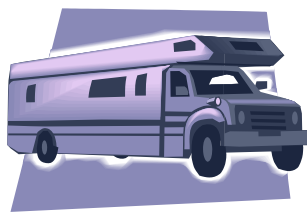
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Home Depot: Attention U.S. Military & Veterans (Active Duty, DOD, Reserves, Guard, Retirees, Veterans and Military Spouses). Home Depot provides a 10% discount just by showing your Government ID. Great deal for all. Additionally, Home Depot provided a \$4000 grant for material for the Roof.



Mission Valley Post 3787 & Ladies /Men's Auxiliary

September 2014

Last Updated: 8/26/2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 LABOR DAY	2 Linda Lunch 12-2	3 Cootie Burgers 5 - 7 pm	4 Linda Lunch 12-2	5 Fish Dinner by LAUX (Edy&Evelyn) 5:00- 7:00PM	6 Men's Aux Burgers 12-2pm
7 Cdr's Bkfst 8-noon	8 Orange Chicken & Fried Rice Dinner (Carol & Jimmy) 5-7pm	9 Linda Lunch 12-2	10 Mexican Nite by LAUX 5-7pm	11 Linda Lunch 12-2	12 Pork Chop Dinner MOCA (Lynda) 5-7pm	13 Men's Aux Burgers 12-2pm
14 Cootie Bkfst 8-noon	15 OPEN	16 Linda Lunch 12-2	17 Dinner by LAUX (Edy) 5-7pm	18 Linda Lunch 12-2	19 LAUX Fish Dinner (Nicky'Crew) 5-7pm, Karaoke 7:30-11:30	20 Men's Aux Burgers 12-2pm
21 LAUX Bkfst 8-noon	22 OPEN	23 Linda Lunch 12-2 LAUX—Membership Meeting/Dinner	24	25 Linda Lunch 12-2	26 Pork Spare Ribs Dinner by Men's Aux (Tony) 5-7pm	27 Men's Aux Burgers 12-2pm
28 MCorp Bkfst 8-noon	29 OPEN	30 Linda Lunch 12-2				

Standing Meetings/Sessions:

Men's Auxiliary Mtg: 9/106 @ 10:00AM Post Meeting: 9/13 @ 10AM CootieMOCA Mtg: 9/14 @ 12:00PM SUBVETS Mtg: 9/09 @ 7:00PM

Vets Legal Clinic: 9/20 @ 9:30-11:30am Ladies Auxiliary: 9/16 @ 6:30PM Marine Corps League Mtg: 9/18 @ 7:00PM



Mission Valley Post 3787 & Ladies /Men's Auxiliary

October 2014

Last Updated: 8/26/2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Cootie Burgers 5 - 7 pm	2 Linda Lunch 12-2	3 Fish Dinner by LAUX (Edy&Evelyn) 5:00- 7:00PM	4 Men's Aux Burgers 12-2pm
5 Cdr's Bkfst 8-noon Mex Style by Gus	6 OPEN	7 Linda Lunch 12-2	8 Mexican Nite by LAUX 5-7pm	9 Linda Lunch 12-2	10 Chicken Dinner by MOCA (Lynda) 5-7pm	11 Men's Aux Burgers 12-2pm
12 Cootie Bkfst 8-noon	13 OPEN	14 Linda Lunch 12-2	15 Dinner by LAUX (Edy) 5-7pm	16 Linda Lunch 12-2	17 LAUX Fish Dinner (Nicky' Crew) 5-7pm, Karaoke 7:30-11:30	18 Men's Aux Burgers 12-2pm
19 LAUX Bkfst 8-noon	20 OPEN	21 Linda Lunch 12-2	22	23 Linda Lunch 12-2	24 Salisbury Steak – Old English Gravy by Craig (Men's Aux) 5-7pm	25 Men's Aux Burgers 12-2pm
26 MCorp Bkfst 8-noon	27 OPEN	28 Linda Lunch 12-2	29 Soup & Salad by LAUX 5-7pm	30 Linda Lunch 12-2	31	

Standing Meetings/Sessions:

Men's Auxiliary Mtg: 10/04 @ 10:00AM

Post Meeting: 10/11 @ 10AM

Cootie!MOCA Mtg: 10/12 @ 12:00PM

SUBVETS Mtg: 10/14 @ 7:00PM

Vets Legal Clinic: 10/18 @ 9:00AM-3pm

Ladies Auxiliary: 10/21 @ 6:30PM

Marine Corps League Mtg: 10/16 @ 7:00PM

Address: 4370 Twain Avenue, San Diego, CA 92120

www.VFWPost3787.com

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