



**VETERANS OF FOREIGN WARS POST 3787**

**All American Post 2009-2010**

# MISSION VALLEY MESSENGER

Happy Labor Day, Grandparent's Day, Uncle Sam Day, Mexican Independence Day, POW/MIA Day, Native American Day, Columbus Day, Navy Day, & Halloween. 9/11 Anniversary.

Volume 56, Issue #5

September October 2013

## Commander's Corner



Hello Everyone, Posts and Membership are the backbones of our organization and they go hand-in-hand! This encourages each of us to strongly promote our Post in particular because of our dedication to the goals of the VFW and our mission. So when we meet new faces in our Post, let's be certain to say hello and extend a hand of friendship. In addition, please ensure your friends and neighbors are aware of the many events which occur in Post 3787 and ask them to "come on down" and join in the festivities! A Warm Welcome to our New Members: Melody Martin, Paul Barban, Jamie Watson, Dustin Brzezniak, George Cooper, Kenneth Morgan, Patricio Escalona Jr., Jennifer Brown, Francisco Leal, Wallace Shepherd, Christopher Parks, Sean Williams, Jon Thorsten, and Joseph Beneventin. September 2nd Labor Day POTLUCK. Please join us on Monday, September 2nd from 11 AM to 2 PM for a Potluck. Fried Chicken will be provided by the Post; so, if you are able, please bring a favorite dish to share and enjoy the camaraderie! Our trusty bartenders have a sign-up sheet in the Canteen if you should happen to stop by before then ---- and please do! We would love to see you! POW/MIA Ceremony aboard MIDWAY. This year due to many scheduled events happening at the Post in September and October, the Post will not host a ceremony in 2013. However, Department of CA is hosting their Southern Event in San Diego aboard MIDWAY (downtown San Diego) on Saturday, September 21st, commencing at 1300 (1 PM). This will be an excellent opportunity for those who wish to attend and witness a top-of-the-line ceremony for our Prisoner of War and those Missing in Action. There is no charge to board MIDWAY but parking is not free; so if you de-

## President's corner



Dear Sisters: Thanks to all the Comrades and Sisters for all the wonderful food that was donated for the July 4th Pot Luck, it's always fun to share a holiday with all our friends at Post 3787. Stand Down was a great success, a Big Thank You to all who worked hard to help make this event so successful and for all the donations to help our homeless veterans and their families. Thanks to all for making Christmas in July fund raiser for cancer fun. A special thank you to Linda Prince for pulling everything together and serving a great dinner, we raised \$495.00 in Christmas Stocking donations.

Listed below are upcoming events:

September 2nd	Labor Day
September 17th	Ladies Aux. Meeting – 6:30 PM
September 11th	Patriot Day
September 19th	VA Hospital Visit – 7:00 PM
September 20th	Karaoke – after fish fry
September 21st	Post Picnic 11 AM
September 21st	District 1 to host National POW-MIA Recognition Day at 1 PM located on the USS Midway, free admission, \$10 parking
September 24th	Ladies Membership Meeting 7 PM – Lakeside Post
October 15th	Ladies Aux. Meeting – 6:30 PM
October 17th	VA Hospital Visit – 7:00 PM
October 22nd	Membership Meeting 7 PM - TBD
October 30th	Soup & Salad 5 PM – 7 PM; bring your favorite soup or salad.

Hello to Everyone: Orale Vananda passed away on 10 Jun in Golden AZ, (82 years old). Orale was a life member of Post 3787 & Marjorie is a life member of our Ladies Aux. The Charter will be draped in his honor. Last month Ronald Willingham passed away on March 7. Our thoughts and prayers for God's comfort and strength for Ronald's and Orale's family and friends. May The Lord watch over us in the days ahead as we make decisions that will affect our post, My hope and prayer is that we as a nation will put God foremost in our lives. That will truly be "one nation under God. Your chaplain, Jose Hernandez

sire to attend, be sure to arrive early and locate parking as close as possible. A Reminder and Gentle Request. Several organizations use the Post facilities to host breakfasts, lunches, and dinners for all members and the public. They consist of the Military Order of the Cooties (MOC), MOCA, Ladies Auxiliary, SUB-VETS, Marine Corps League (MCL), Men's Auxiliary, and, of course, the Post itself. It is important for members of these dedicated organizations to attend these events and support each other in their efforts. The food is exceptional; the price is right, and the camaraderie the best. Please remember to bring your friends, neighbors, and, of course, anyone interested in joining our ranks. KARAOKE. This is a monthly event on a scheduled basis. On the 3rd Friday of every month, immediately following a premier fish/chicken/shrimp dinner (HOT), we have Karaoke, commencing at 7:30 PM until approximately 11 PM or later depending on the attendance! Enjoy the festivities, have dinner, relax – sing a song - there is no charge for the “vocalists” to share their talents!

POST MEETINGS. IMPORTANT. Our monthly meeting is at 10 AM, the 2nd Saturday of each month. Comrades, this is where the business of the Post is conducted. If you wish to be involved and have an input on possible changes or the proper expenditure of Post funds etc., this is the only avenue. PLEASE NOTE: A most important topic to be discussed and determined at the October meeting will be the possibility of a dues increase on Jan 1, 2014 for our annual/new continuous members – be sure to read the Quartermaster's article for the details. Everyone, thank you for all that you do. It takes a team effort to keep our Post functioning properly to the benefit of everyone. Volunteers, you are the cream-of-the-crop and are so dearly appreciated! Everyone knows who you are and what you do --- you are dynamic – each of you! And Comrade Dave Tofte, thank you for painting the front of our Post! Yours in Comradeship. Jack Turner

**President's Corner cont:** September is suicide awareness month, in order to do our part of the support we provide we need to educate ourselves and become aware of the suicide and domestic violence prevention programs available for veterans and active duty military. Our call to action is for prevention. VA suicide hot line: 1-800-273-talk; DOD Defense Center hotline: 1-866-966-1020; National Home helpline: 1-800-313-4200.

We have an exciting year ahead with our many Programs, make sure you do your reports and promote your Programs. Please make sure to attend our Auxiliary meetings to hear about all the programs that we are participating on and join in on the fun. I'm so proud of the work we are doing and the difference we are making, keep up the good work. Thanks for all your sacrifices! BETTY HAYES 619-322-3505 / BettyLHayes@hotmail.com

**Dollars and Cents:** We remain solvent and that is a good thing. Our insurance bill has increased \$2000 this year. Our inspection is going to be in November and I will be contacting specific individuals for assistance & Documentation in October. The National Convention raised the annual dues effective Jan 1, 2014. Please read the article about the Post options. Your Post unanimously voted against the increase, but in a roll call vote it passed. Dave Tofte submitted a grant request to Home Depot for aid in material for the roof. Hopefully it will be approved. The roofing fund is doing ok, but we are a long way from getting the roof replaced (it is expensive). If you can assist, no donation is too small and it would be appreciated. I want to say Thank you to Jane Hallauer for all the accounting work she does for VFW Post 3787, it is truly appreciated and she does a great job. Your Friendly QM, Rick Tanner

### **Canteen Corner**

Hi Everyone, finally when summer is over we are having summer. We have some great dinners coming up in Sept. Labor Day is potluck; bring a dish you think will go well with fried chicken as the post is providing the fried chicken. Sept 13 the MOCA ladies are having a pork chop dinner. Sept 25th is a riblets dinner. Sept 28th Carrie Bear is putting on a Italian dinner for every one Oct. 5th free luncheon provided by the Forrester volunteer's. Oct 19th wounded warrior dinner stuffed pork chop by Rene and crew. Oct 21 past CDRS dinner and meeting. DON'T forget our Post picnic Sept 21 at admiral baker, and our hamburgers & dogs plus wings etc: on Saturdays 11am until 2pm. Hope everyone had a great summer. See you at the post home. Arliss Canteen Mgr.



### Men's Auxiliary

Hello Comrades and Sisters from VFW Post 3787. For some of us summer is coming to an end for others it may continue on. Wish to remind you all of the up coming VFW Annual Picnic @ Admiral Baker Field on Saturday Sept 21, 11:00a.m.-3:00 p.m. Volunteers are needed to help set up and assist the picnic needs. Also donations for raffle would be appreciated. John Kelley is the picnic chairman so if you have any ideas or volunteer time as well as donations John would be the man to speak with as well as any other post officer. Tickets will be available soon. Remember this is the post picnic that all members are welcome to attend as well as their friends family members. For those that have never attended it, it is quite an enjoyable event with plenty of food and beverage. So please come out and enjoy.... A reminder of the up coming Veterans Day Parade in November. Any one wishing to participate contact Your post officers for information... Men's Auxiliary dinner for the month of Sept. will be Louisiana Pork Ribs With trimmings, prepared by Craig Tofte and Crew. So come out and enjoy. Walter Mitte President Men's Auxiliary Post 3787

**Grace Murray Hopper** A "computer bug" is first identified and named by LT Grace Murray Hopper while she was on Navy active duty in 1945. It was found in the Mark II Aiken Relay Calculator at Harvard University. The operators affixed the moth to the computer log, where it still resides, with the entry: "First actual case of bug being found." They "debugged" the computer, first introducing the term. In November 1983 she was promoted by Congress and approved by the President to the Rank of Commodore (Rear Admiral Lower Half). The USS Hopper DDG 70 Nicknamed "Amazing Grace" was launched in 1996 and named after Adm Hopper.

### MOCA Corner

Ladies: First we would like to welcome our newest members Jan Illig Smith and Teresa Moore. Teresa is from Vista and Jan is our Auxiliary Treasurer. Thanks, to all that have paid their dues. We have a few more to go to make 100 %. Bobbie K as we all call her has transferred into the Veterans home in Chula Vista. Several of our members keep us informed as to how she is doing. Jan Tetschlag has had her surgery and is coming along okay. We send our sympathy to Past Boondockers President Claudia Harris on the loss of her husband. On a lighter note the meal in September will be a pork chop dinner and October will be roast beef. If anyone has a special request for a meal please let me know. "Keep em' Smiling in Beds of White" Lynda Murguia Treasurer MOCA #6 619-449-7584

**National Grandparent's Day:** National Grandparent's Day (September 8th) originated in 1978. Then President Jimmy Carter declared it to be the first Sunday after Labor Day

**Labor Day:** The first Monday in September, is a creation of the labor movement and is dedicated to the social and economic achievements of American workers. It constitutes a yearly national tribute to the contributions workers have made to the strength, prosperity, and well-being of our country. The Post is doing a Pot Luck.

**Roofing Fund Donation are arriving:** The Post has applied for a grant from Home Depot to help with this project. If approved, HD will give the Post \$5000 in materials from Home Depot for the roof. The Post is setting aside money in a fund for putting up a new roof. The membership can help. If you can donate any amount it would be appreciated. If you are not a frequent visitor to the Post Home please mail your donation to the Post or drop it off with the on duty bartender. All donations are tax deductible and a receipt will be mailed back to you. Please help if you can, we have put this off for quite a while and now it becoming critical. Sr Vice has been donating the proceeds from Wednesday Riblett Night. Thank you Tom, Gus and all.

### Roofing Fund Donation Form

No Donation too Small, it all goes to fixing the Roof On Post 3787

Name \_\_\_\_\_

Amount \_\_\_\_\_

Address \_\_\_\_\_

Date \_\_\_\_\_

drop it off at the Post.

Mail to VFW Post 3787 Quartermaster, 4370 Twain Avenue, San Diego, CA 92120 or

**Tidbits** **Every Name Needs a Photo:** "Call for Photos" is a national campaign by the Vietnam Veterans Memorial Foundation to collect at least one photograph of all 58,000 men and women whose names are inscribed on The Wall. To date, only 26,000 individual photographs have been submitted for display in the new Education Center at The Wall, as well as online on The Virtual Wall. For more information or to submit photos, go to <http://www.virtualwall.org/> phone 202.393.0090

**Help Help Help: Volunteer to cook a meal:** Please look at the calendar and volunteer to cook a meal for the members. You can donate the proceeds to any program or organization you would like to support. I know there are a lot of people who have great recipes, so treat the post with your favorite dish. There are funds available to buy the food before hand and you can reimburse the Post through your proceeds. There are a lot of people that will help you do the meal, just ask. Ethnic foods such as Spanish, Polish, South American, European, etc would be a great thing. Got a great recipe, volunteer for a meal. There are a large number of Open days to chose from, please step up and volunteer to do a meal for the membership.

**9/11 Anniversary:** On the anniversary of 9/11, September 11, 2001 we encourage you to spend a few minutes reflecting upon this event, and praying for the victims who died, and their families and friends Total Victims: 2977

**Upcoming Events:** **Sept 2nd Pot Luck** VFW Post 3787 11 AM, **POW/MIA event:** USS Midway Sept 21 (1PM), **Membership Meeting:** Sept 17th Oceanside 10577 7PM , **Ladies Auxiliary 2111 Rummage Sale:** Oct 2 - 5 Post 2111, **Post 3787 Picnic** Sept 21 11AM Admiral Baker Field **VFW Post 2111 SWAP MEET:** September 28th VFW Post 2111. **Recruiting Days** Sept 21 & 22 8am - 5pm Coronado Speed Fest and Fleet Week. Call Doug Scholl (619) 890 6867 to schedule or for information.

**Veterans Legal Clinic 3rd Sat each month** Next Legal Veteran Clinic is the 3rd Saturday of the Month at VFW Post 3787. Dates: July 20th, August 17th, & September 21st. Contact Craig A. Candelore Tel # (619) 234-3838. A special Thank you to Craig for doing this great service. By the Way.. Veterans get great legal advice and it is FREE

**Flag Flying over the Post:** The Flag currently flying over the Post is honoring Jim Washburn's Uncle Howard D. Wilkinson who was part of the Bataan Death March. Jim Donated the Flag to be flown over the Post

**Saturday Burgers :** The Saturday Burgers are becoming a real success and the membership likes them. We owe thanks to Chas, Tom, Craig, & the crew for doing this for us. They need assistance. They need people to step up and take on a three hour period on a Saturday to help them keep this fine program functioning. If you can volunteer for one Saturday for three hours, please see Chas at the Post to get scheduled. If we can not find people to assist, the program will be in jeopardy of being cancelled. Thanks for your consideration.

**Good of The Order** **Native American Day September 27th** This day is set aside to honor and celebrate Native Americans, the first Americans to live in the U.S. Still commonly referred to as American Indians, the term "Native Americans" has been used in recent years as a sign of respect and recognition that they were indeed the first people to populate our great and wonderful nation.

**Replacement Documents for Veterans and surviving spouses.** It is important that each Veteran have a copy of his DD 214, there are a variety of benefits that require proof of Service, especially the VA. If you need help in getting a DD 214 or Report of Separation. CDR Jim and the Quartermaster can assist in the process. We can go on line and request the documents for Veterans, a surviving spouse, or a family member. Once the request is submitted, the Veteran or surviving spouse must sign a request which we will fax to the appropriate department. We will need basic information on the veteran such as service number, branch of service, date of service, where served, address, phone number, etc. Cdr Jim and the QM will be glad to assist. This is easy; take advantage of this service. If you are a widow, Veteran or surviving Family member please use the service so you have a copy of the document. Doing it after the fact or in time of Stress is difficult on all.



the 4th at the Post. We will start at 11am. Celebrate Labor Day with Friends, Comrades, Sisters, and Friends. Good time to be had by all.

**Social Security note:** When a person passes and they were social security eligible; they are entitled to Social Security Death Benefits. The catch is you have to apply for the money. You have to call Social Security and set up an appointment (by phone or at the Social Security Office) to apply for the benefit. It does not happen automatically with the passing and notification to Social Security. You have to APPLY within two years.

**Legal Clinic SITREP Aug 17th :** HRT Veteran Legal Clinic SITREP . Our JAG, Craig Candelore and Howard Thomas, Esq. a Army Special Forces veteran conducted the clinic.

1. Navy veteran seeking help with two overlapping issues. Veteran suffered a foreclosure and the amount of the foreclosure is reflected on his credit report. Veteran wanted to know if a bankruptcy was appropriate. Second, the veteran wanted to know how to rebuild his credit. The initial answer given to the veteran is as follows: Contact the credit reporting agencies and contest the foreclosure entry based on the fact that since it was a trustee sale, there can be no deficiency judgment. 2. Navy vet seeking help with a discharge upgrade from JKP discharge designation for misconduct-serious offense. Veteran was only in for three (3) months and basically was a "failure to adapt." He got out in 2007 so he is in within the 15 Statute of Limitations. He was explained that he first needs to request all his personnel records and medical records. He will schedule an appointment to meet Rich Allison to help him with those requests. He was told to write up his version of his experience in the Navy, his accomplishments since leaving the Navy and told to locate service personnel who served with him who can corroborate via declarations his "version of the story." 3. Wife of deceased Navy Veteran seeks advice for her son of family law child custody issue: Son has a major custody problem with ex-Wife who is not allowing him to see his child for the past several months. Original family law case was in San Diego County. Son allowed ex to move up to Orange County which nullified their 50-50 custodial arrangement. Department of Child Support Services is collecting child support in a case filed in Orange County when the case should have been heard in San Diego County. Explained that the Son needs to file for a hearing in the San Diego family law case because the original court order has been nullified for all practical purposes by his agreement to allow Wife to wmove to Orange County. Referred to outside family law counsel. 4. Vietnam Army veteran has two overlapping issues: Needs a discharge upgrade and needs to apply for a VA disability compensation. Veteran was dishonorably discharged in 1986. He is faced with the 15 years Statute of Limitations. However he is claiming TBI from a line of duty automobile accident and sexual assault while on active duty. These two injuries may get help us get past the 15 SOL. Veteran did not bring in his DD214. Veteran does not have any of his medical or personnel file. Explained to the veteran how to obtain his medical or personnel file so his case can be better analyzed. 5. USMC veteran seeks help for a VA disability compensation claim for a herniated disc but has been turned down by the VA on two (2) prior occasions. Once in 1994 and once in 2000. He applied on these two occasions without the assistance of any Veteran Service Organizations. He has his medical file but not his personnel file. We schedule an appointment to review this file to see if there is any entrée in his active duty medical file re: back problems and show a nexus between his active duty time and the injury. 6. Navy veteran seeks help in receiving his pay from his VA . **Continued Page 6**

**Navy Day:** In the United States, Navy Day is commonly celebrated on October 27th. This date was selected as it was the birth date of President Theodore Roosevelt, an avid supporter of the U.S. Navy. In the 1970's, research determined that the birthday of the U.S. Continental Navy was October 13, 1775. At the time, efforts were made to move Navy Day to this date. However, Navy Day in the United States, is still largely recognized as October 27th.

**Mexican Independence Day:** September 16th 1810, Father Miguel Hidalgo of Dolores, Mexico was planning a revolt to free the country from Spanish rule. On September 15, 1810 at 11:00 pm, Father Hidalgo rang his church bell to call his parishioners, and rally them to fight off Spanish rule. He then made a speech to his congregation, and the fight for freedom began. Today, Mexican people mark this very special holiday, by repeating the ringing of the bells at 11:00 pm on the 15th. It is followed by a day of celebrations on the 16th.

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**Columbus Day October 14th** Columbus day is sometimes referred to as "Discoverer's Day". Christopher Columbus did not land on the U.S. mainland. He landed on an island in the Caribbean. While many believe he landed on San Salvador, there is still debate on which island he originally landed on

**Halloween** October 31st. It's absolutely Halloween. And, Halloween is absolutely the best holiday of the year. It is the favorite for many of us, as there is no stress, no overload, and no "Holiday Depression". It's just absolutely fun

**Miramar Air Show:** October 4,5,6. Great time and a recruiting event. Contact Doug Scholl 619-890-6867 for details and scheduling.

**Veterans Legal Clinic Cont:** disability and DFAS. For some inexplicable reason his pay from the VA for 100% un-employability and his reserve military retirement stopped in May of this year. He was told to go to the VA Mission Valley and seek the help of a veteran counselor on the ground floor re: non-receipt of this VA compensation payment and regarding DFAS to call DFAS and go up the chain of command until he receives satisfaction i.e. enter into a dialogue with a supervisor to try to resolve the snafu. If unsuccessful, he should seek legal counsel. 7. AF veteran seeks to obtain post 9/11 Veteran Schooling Benefits but is unsure if he qualifies because of a General under Honorable conditions. Veteran was given the telephone number and website to contact. Because he served between 12 and 18 months on active duty he should qualify for 60% of the schooling benefits. 8. Navy veteran seeks a discharge upgrade for an OTH. Veteran was discharged in 1984. He missed the 15 year statute of limitations. Explained that we need a plausible reason why he would have missed the 15 SOL. He did extensive tours as a contractor overseas that kept him ignorant of the SOL. He will write up his version his explanation and schedule another appointment. Thank you Craig and Thomas for this great service to Veterans.



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**Service Officer:** Have a problem with the VA? Need assistance to file a claim. Have you been reviewed for possible benefits? The Post has a specially trained Service Officer, Marilyn Maxwell, who would be glad to assist. The benefits are yours but you have to apply. The process is well worth the time and effort you put in applying.

**September 2, 1945 Tokyo Bay:** The Formal Surrender of the Empire of Japan aboard USS Missouri.

**Battle of Antietam** also known as the Battle of Sharpsburg fought on September 17, 1862, near Maryland and Antietam Creek was the first major battle in the American Civil War to take place on Union soil. It is the bloodiest single-day battle in American history, with 22,717 dead, wounded, and missing on both sides combined

**POW/MIA National Recognition Day:** POW/MIA Recognition Day (September 20) is a day of remembrance and hope for the speedy and safe return of American Prisoners of War, and those still Missing in Action. It also seeks the return of the remains of fallen soldiers.

The first official commemoration of POW/MIAs was July 18, 1979. It was the result of resolutions passed in Congress. The first national ceremony was held on this date. Over the next several years, it was held in varying dates of the year. Finally, in 1986, The National League of Families proposed the third Friday in September as a day to recognize and remember POW/MIAs. This date was selected, as it is not associated with any wars. Each year, the president of the United States issues a proclamation on this day

**Picnic is Coming:** September 21 at Admiral Baker Field. See John Kelley to volunteer or if you have a gift the Post can Raffle at the Picnic. Cost of Admission this year is \$5, kids free. Great food, band and entertainment.

**Commissary Monday Closings**

The Commissaries in San Diego will now be open on Mondays after a month of Monday closures. This was effective August 18th, 2013. DCA found funds from another source rather than continue Furloughs.

**VFW Saturday Hamburgers & Hot Dogs ! Sat**

**Hamburg Every Sat.** This is becoming a great event. The VFW Post 3787 and its MEN'S AUX Provides this event Please if you would like to work in the kitchen or cook burgers on Saturday Please see The Cdr Jack or Walter to sign up. It is about a three hour commitment and the plus the Hamburgers are GREAT

**Special Request**

If you would want to receive your newsletter via email please email me at qtr@vfwpost3787.sdcoxmail.com and I will add you to the email list. It saves time and money.

*Mission Valley Messenger September/October 2013*

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**VFW Increases Dues:** VFW National Convention voted to increase dues by \$10 effective January 1, 2014. VFW Post 3787 needs to address this increase at the Post level. There are 3 options: (1) Do nothing as our dues still will cover all the VFW National fees, however, the dues payments paid to the Post from National for Continuous members will be less than \$2.00 per member, (2) Increase Post Dues by \$5 effective January 1, 2014 Total Post dues \$40.00, (3) Increase the Post Dues by \$10 to match National's increase effective January 1, 2014 Total \$45.00. At the next Post meeting the membership will discuss this issue and reach a decision. These are tough financial times and this is a important issue. Please attend the meeting and vote or Call Jack Turner 619-742-0698 and give him your thoughts and preferences. Your Voice and thoughts are important and your membership gives you the right to vote on this important item. Please participate.

**October 1st Health Care update:** What happens if I do not have health coverage? You do not have to make a tax payment if you have coverage that meets a minimum standard (called "minimum essential coverage"). If you have access to affordable coverage but remain uninsured starting in 2014, you may have to make payment when filing your taxes. This payment will either be a flat fee or a percentage of your taxable household income, depending on which amount is higher. This payment will be phased-in according to the schedule below:  
\$95 or 1% of your taxable income in 2014, \$325 or 2% of your taxable income in 2015, \$695 or 2.5% of your taxable income in 2016

**Uncle Sam Day:** Uncle Sam Day became official in 1989, when a joint resolution of Congress designated September 13 "Uncle Sam Day". This date was selected, as "Uncle Sam" Wilson was born on September 13, 1776. The officially recognized theory dates back to soldiers stationed near Troy, New York during the war of 1812. Barrels of meat they received were stamped "U.S." The supplier was Samuel Wilson of Troy, New York. Soldiers jokingly referred to him as "Uncle Sam". In 1813, the first image of "Uncle Sam" appeared. In 1961, the U.S. Congress issued a resolution recognizing "Uncle Sam" Wilson, and authorizing a monument in his hometown in Troy, NY

**VFW Post 2111 SWAP MEET** Mark your calendar for the VFW Post 2111 Swap Meet, on Saturday, September 28, 2013, from 7am to 2pm in the VFW Parking Lot. If you would like to participate as a vendor and sell your items at the Swap Meet, stop by the Post and pay for your spot. Remember you keep your profits. There are 30 spots available and each spot cost \$10.00. Provide your own table or rent one from the post for \$5.00 extra. The sign-up sheet goes up on Thursday, August 1, 2013. You must pay when you sign up. No Refunds! Vendors can-not sell food, drinks or consumables. The Post will sell "Burgers and Beans" from 11am to 2 pm. If you have any questions, contact the Post @ (619) 422-1262.

**Ladies Auxiliary 2111 Rummage Sale** The 43rd Annual Ladies Auxiliary Rummage Sale is Wednesday, October 2 through Saturday, October 5, 2013. This is a great event, please stop and buy an item. . We need clean plastic grocery bags, large brown paper bags, clear plastic bags for packing items, hangers and sturdy clothes racks. If you have any questions regarding the sale, donations, volunteering or any-thing else, call me, Sara @ (619) 427-5427

If you received a Purple Heart for being wounded in Vietnam, you could be one of 9\* lucky vets to win VFW's "Return to Vietnam" trip. This in-country tour from April 3-16, 2014, will include Hanoi, Saigon (Ho Chi Minh City), Khe Sanh, Hue, Da Nang, Hoi An, Marble Mountain, Cu Chi and Tay Ninh. Airfare, accommodations and meals are included. Don't miss this chance to revisit battle sites and to share your experiences with fellow Vietnam vets. Entries must be received prior to the drawing on Dec. 13, 2013. Send your Name, Address, Phone number, email address, Post Number and Location, Military Service, Unit ; Dates in Vietnam. To: " Adjutant General, VFW National Headquarters ,406 W. 34th Street Kansas City, MO 64111 attention:" Return to Vietnam Drawing" If you are a winner you will have to send your Purple Heart data to VFW and get a passport.



**Ladies Aux Membership Applications :** There is a new ladies application which is one page and on normal bond paper. The tri-fold Cardboard application is gone. There are stocks of Ladies applications in the box at the Post or available from Jan Illig Smith







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# September 2013

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## Mission Valley Post 3787 and Ladies /Men's Auxiliary

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Cdr's Bkfst 8-12 PM	2 Labor Day Pot Luck 11AM Fried Chicken plus side dish	3 Linda Luncheon 12-2	4 Cootie Burgers 5 - 7 PM D Day	5 Linda Luncheon 12-2 Grantville Action Group 6:30	6 Fish Dinner by Chris & Crew 5:30—7:30 PM	7 Men's Aux Meeting 10AM Post Hamburgs 11-2 Megan's Wings
8 Cootie Breakfast 8—noon Cootie Mtg 12 Grandparents Day	9 Chicken by Bobby & Chrissy no ribs 6 PM to food gone	10 Linda Luncheon 12-2 SUB-VETS Meeting 7:00 PM	11 Taco Plate by Annette & Crew 5—7 PM	12 Linda Luncheon 12-2	13 Moca Dinner by Lynda 5:00-7PM Uncle Sam Day	14 Post Mtg 10AM Post Hamburgs 11-2
15 Ladies Aux Breakfast 9—noon.	16 Pepper Steak by Gus & Crew 5-7 PM "Real Steak" Mexican Ind Day	17 Linda Luncheon 12-2 Ladies Auxiliary Meeting 6:30 PM	18 Italian Nite by Ladies Aux 5-7 PM	19 Linda Luncheon 12-2 Marine Corps League Meeting 7:00 PM	20 Fish Dinner by Nicolette & Crew 5:30—7:30 Karaoke	21 Vets Legal Clinic. Post Picnic Adm Baker 11AM
22 Marine Corp Breakfast 8—noon	23 Craig & Jan Dinner 5 - 7 PM	24 Linda Luncheon 12-2	25 SR Vice Riblets by Tom Hayes 5 - 7 PM	26 Linda Luncheon 12-2	27 Men's Aux Dinner 5-7PM	28 Post Hamburgs 11-2 Hall Rental
29 Sub Vets Bkfst 8 - 12	30 Meatball Sandwiches by Betty 5-7 PM		Note: VFW Sept 21 10AM	State POW Admission is	Ceremony on Free.	USS Midway





4370 Twain Avenue  
San Diego, CA 92120  
619-281-0137

# October 2013

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Linda Luncheon 12-2	2 Cootie Burgers 5 - 7 PM D Day	3 Linda Luncheon 12-2 Grantville Action Group 6:30	4 Fish Dinner by Chris & Crew 5:30—7:30 PM	5 Men's Aux Meeting 10AM Free Meadleaf Lunch by the Forresters
6 Cdr's Bkfst 8-12 PM	7 Open	8 Linda Luncheon 12-2 SUB-VETS Meeting 7:00 PM	9 Taco Plate by Annette & Crew 5—7 PM	10 Linda Luncheon 12-2	11 Moca Dinner by Lynda 5:00-7PM	12 Post Mtg 10AM Post Hamburgs 11-2 Hall Rental Edwards
13 Cootie Breakfast 8—noon Cootie Mtg 12	14 Open Columbus Day	15 Linda Luncheon 12-2 Ladies Auxiliary Meeting 6:30 PM	16 Italian Nite by Ladies Aux 5-7 PM	17 Linda Luncheon 12-2 Marine Corps League Meeting 7:00 PM	18 Fish Dinner by Nicolette & Crew 5:30—7:30 Karaoke	19 Vets Legal Clinic 9-Post Hamburgs 11-2 Megan's Wings Wounded Warrior Dinner
20 Ladies Aux Breakfast 9—noon.	21 Past Cmdrs meeting with Ham Dinner	22 Linda Luncheon 12-2	23 SR Vice Riblets by Tom Hayes 5 - 7 PM	24 Linda Luncheon 12-2	25 Men's Aux Dinner 5-7PM	26 Post Hamburgs 11-2
27 Marine Corp Breakfast 8—noon Navy Day	28 Open	29 Linda Luncheon 12-2	30 Ladies Auxiliary Soup & Salad 5-7 PM	31 Linda Luncheon 12-2 <i>Halloween</i>		