



VETERANS OF FOREIGN WARS POST 3787

MISSION VALLEY MESSENGER

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All American Post 2009-2010

March/April 2014

NOTICE:

Beginning with next issue (May/June), the newsletter will be posted online at our website.

For those of you who would consider receiving by email only. Please let us know so that we can remove you from the hardcopy mailing list. This will provide additional cost savings, and volunteers time to assemble. Thank you kindly.



Commander's Communications

Hello Everyone. A warm welcome to our (11) eleven new members: Kam Shearer, Alex Maughan, Joseph Ditzler, Christopher Cox, Lisa Monroe, Harold Christiansen, Mark Flanagan, Jose Astorga, Anthony Blatnik, Donald Monroe, and Jerome Rabanal. Comrades, as always, when you see a new face in the Post, introduce yourself and welcome them!!!

Note: If anyone knows someone who has recently separated from military service, or is contemplating separation, or is VFW inclined and interested in the benefits, assistance, and camaraderie our Post provides, please have them contact me. We are here to help!!

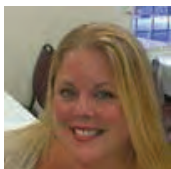
IMPORTANT: Nominations for the 2014-2015 Post Officers at the Post Meeting on

Saturday, March 8th. Elections on Saturday, April 12th. Please Attend!

NOTE: Previously Addressed:

Several organizations use the Post facilities consistently to serve Sunday breakfast, Monday, Wednesday, and Friday dinners. They are the Ladies Auxiliary, Men's Auxiliary, Military Order of the Cooties (MOC), MOCA, Marine Corps League (MCL), SUBVETS, and the Post itself.

It is important for members of **ALL** organizations to attend these events when possible and support each other in their efforts to help veterans and their families.



LAUX President's Posting

Thank you all for your continued support for all of our events!

Here comes the Mardi Gras.....Be there or be square, March 8th. Cancer chair, Wendy and team are finalizing plans for the event that promises to be BIG fun!!!

Drop by the Post for more info!!!



Cancer Dinner
March 8th, 2014
5:30 - 8:30pm
Chicken Fried Steak Dinner w/ Greens. Corn Bread, King Cakes. Entertainment, Raffles, & Chinese Auction.
Come on ya'!!!!

Poppy chair, Lynda has set the date for April 26th for our Poppy Dinner. Let us know if you can assist in the kitchen or serving that evening. See page for more info.



Our income for our programs is generated from our dinners. Spread the word to your friends—everyone is welcome!!!!.

Commander's Comm. Cont:

Please check the monthly calendar for the menus, or call the Post (619-281-0137) to learn of any updates.

KUDOS: Our Super Bowl Party was a smashing success! A Sincere thanks to Bobby & Chrissy Netwal for their dynamic efforts in orchestrating and ensuring the event was a fun and rewarding time. Equal thanks to all who attended and to the many who brought their favorite dishes to share in the Potluck! WOW!!

Burger Day with the Hamburger imported from Iowa

Meat Farms: Cheeseburgers or Hamburgers, Hot Links,

plus French Fries, Chili, and all the makings every Saturday from 11am—2pm. \$5.00 Donation. You Gotta Love it—Come and Enjoy!

Volunteers: Sincere thanks goes out to all of our wonderful volunteers.

Without your dedication and commitment, our organizations would not be able to properly function.

Please know you are the backbone of our organizations and are appreciated by all.

Yours in comradeship.

Jack Turner

St. Paddys Day

Monday, March 17th, 2014

Time: 3 - 7pm;

Ticket Donation \$10.00

Corned Beef & Cabbage, Red Potatoes & Carrots, Dessert.

Tickets are available from the Bartenders or Tommy.

If you buy (6) six or more you can reserve a table.

Thanks to Tom, Dave and the rest of the crew for working this annual event. This is a lot of work to put this on, and the food is just great! Come out and See us!!!



President's Posting Cont:

Dinner Schedule (Monthly):

- 1st Fri - Chris's Fish Fry (*baked fish offered too!*)
- 2nd Wed - Priscilla's Mex Nite
- 3rd Wed - Jan's Italian Nite
- 3rd Fri - Nicolette's Fish Fry & Karaoke
- 3rd Sun - LAUX Breakfast

Days to Remember each Month:

3rd Thursday - VA Hospital Visit. Please see Hospital Chair, Jan Smith, or Chaplain Kathie Okolski if

you can join in.

4th Tuesday - District Membership meeting. Meet at the post home at 5pm to ride with us.

Thank you to all who have spent time with us in our Post. Whether working with us or partaking in our events and meals, your participation allows us to make a difference in support of our Veterans and their families. Thanks again and I look forward to seeing you all in "our family room", the Post Home.

Karin Fowler

Mass Installation:

The First District VFW 57th Annual Mass Installation will be held Saturday, May 10, 2014 at Sable Post 2275, El Cajon. Luncheon begins at 1 PM with the Ceremony at 2 PM. Lunch is a Stuffed Pork Chop meal costing \$15. All elected Officers (Post, Ladies and Men's Aux) should plan on attending to be installed. The lunch is optional. The installations will be done by the incoming Department Senior Vice Commander/Senior Vice President; Howard Hagen and Marilyn Peck, respectively. Deadline for luncheon reservations is May 1st. See Commander Jack or President Karin for details.

Post Chaplains Conveyance:

Greetings to everyone at post 3787. With sadness I report the passing of two of our members. Our Heavenly Father took home Frank Fowler on February 17th, 2014. Services will be held on 2/26 at 1:PM at Miramar; and a Celebration of life on 3/1 at 2:PM at VFW 3787.

Dana "Dutch" Fisher was also called to heaven on February 21st, 2014. May God's grace and comfort be with each of their families and friends in this time of grief. For those who are in the hospitals sick or hurting I pray for God's healing touch and for their speedy recovery. May the peace of God be with you all and keep you safe and healthy. Your Chaplain, Jose Hernandez



Men's Auxiliary Announcements

Hello Comrades and sisters. To begin with I would like to give a thank you to Bobby and Chrissy for sponsoring the Super Bowl Party again this year. They put on a fine event and there was plenty of good food for all. For those that missed this event maybe you will make next years.



A reminder to all members and guests that the Men's Auxiliary will be preparing a 1/2 Chicken dinner on the fourth Friday of

each month until and including the month of June.

For the ones that observe Lent we will be featuring a fish dinner....We will continue with the Saturday hamburger \ hot-dog \ bratwurst grilling each and every week 11:00-2:00pm, the one exception will be March 8 when the Ladies Auxiliary will be sponsoring the Annual Cancer dinner event which is open to the public. Your support will be greatly appreciated.... Don't forget the St. Patrick's Day Dinner



on March 17.... Nominations and elections for Men's Auxiliary will be coming up so lets all participate in our post.

Thank you all,
Walter Mitte- President

Costco Card: VFW Post 3787 has a Costco Card for any members to use. The Card is held by the bartender and available for checkout by anyone. Save yourself money! Just another benefit provided by the Post!!!

MOCA Message

Hello Ladies,

We've had our elections and your new officers for the ensuing year are President Josie Gregg (she has to do this position until she gets it right, she was President of Boondockers #86 twice so I'm joking with her.) Sr. Vice is Loyce Edwards, Jr. Vice Lois Brown, Treasurer/Secretary Lynda Murguia, Chaplain Mary

Bellon, Conductress Joyce Sellers, Guard Lynda with a "y" #2 Harris and 3rd Year Trustee June Hitzeman. We want to thank Reno and his band for playing all that great music after our Valentine's dinner. Everybody enjoyed themselves. Also, thanks to Annette and Loyce for donating the dessert and Josie supplied the decorations.

We won't be having a March dinner since John Kelley is retiring from the Navy and is using the hall. Thanks for your service John. Our April meal will be salmon patties. Ron & Joyce sorry you'll miss one of your favorite meals but have a great time traveling.

Keep'em Smiling in beds of White.
Lynda Murguia

LAUX Chaplain Conveyance

Thanks to all you wonderful Ladies (and Gus) who came down and helped and participated in the Official Visit breakfast. It was so great to see you all, I was asked by the District Commander to personal thank you for a fantastic meal, and welcoming.. for those who were there, noticed they were so comfortable they didn't want to leave. Thank you to Karin and Commander Jack for a great start of the day.

As of this writing, I have not heard of any Sister that have been ill or in need, I am happy to say we are all doing well and healthy.

Thank you to Linda and Fran for your help in the VA Art Show on Feb 19th.

Kathie
Chaplain 3787
[858-740-1269](tel:858-740-1269)

Cootie Corner

We would like to thank everyone for your support at our Cootie Burger Nites and our Cootie Breakfast. Please remember that the money we generate from these functions is used to purchase coupon books at the VA hospital for our visits where we do Bingo for our hospitalized Vets.

Our motto "keep them smiling in beds of white"; With your help , we will continue to do just that.



Cootie Mike
hospital chairman
PT 6 Jackalopes

Remember

Vet Clinic
3rd Saturday
Every Month
9am - Noon
FREE



Hall Rental Fees Changes

VFW Post 3787 at its meeting of February 8, 2014 voted to raise the Hall Rental Fees. The increase of Hall Rental Fees was necessitated by the increased costs the Post has incurred as the license fees.

The Rate increases will be effective March 1, 2014 and the Post will honor all existing agreements/contracts in place prior to that date.

The new Fees effective March 1 are: VFW Post 3787 Member \$150, VFW Member \$200, and a Non Member of the VFW \$400



Thank you Comrades & Sisters:



I would like to thank you for your support of my little league team in the North Park Little League. Our team name is Blue Thunder and they are 6/7 yr. olds in their first year in the Cap Division.

I will be posting our game schedule

at the Post so that anyone who wants to enjoy the game of baseball the way it should be played can attend. Our games are played at Morley Field located off Texas St. and Upas behind the swimming pool and the Velodrom in the Balboa Park area.

"Lets Play Two" -Ernie Banks Quote

Past Commanders' Memorial Poppy Boards

Each year VFW Post 3787 requests its members to sponsor a Memorial Board for the Past Commanders of VFW Post 3787. These Comrades gave their best to make our Post Home the best possible for us. In their memory we have put up Poppy Boards with the Past Commander's picture on the Board.

The Board is placed in a special Place at the Post Home and reflects the respect we have for these individuals. If you know a

Past Commander and would like to sponsor a board for one of them, please fill out the form and drop it by the Post or mail it to the Post. The Memorial Board will be displayed until July 1, 2014.

It would be super if we could sponsor a board for all the Past Commanders. Please remember that all Poppy funds are kept at the Post and used for the relief of members/Veterans in need.



Freezer Storage

The Freezer is for storage of frozen food for use in putting meals on in the near term. It is not a long term storage area. When we put the shelving in the freezer there were items disposed of that were very old. Please use the facility for what it is designed for not your personal convenience. Recently, uncovered items were put in the freezer, that violates Health Standards and the items were removed by the Post Surgeon. Long term storage causes issues for others trying to use the freezer. Please be considerate of others, Mark with a date, label, properly seal your items.

Department Convention:

The annual Convention for the Department of California will be June 20 - 24 Riverside, Ca. If you can attend, this is where the State Officers are elected and installed. This is close to us and you can see how the VFW elects its State Officers, Changes its By Laws, and there are workshops available. As a side note, our Commander Jack Turner will be presented a All-State White Hat at the Convention.



Nominations & Elections:

VFW Post 3787 will start the election of next years officers at the meeting March 8.

Nominations will be made for all offices and the Nominations will be open until the April Meeting (April 12th) when the membership will vote for the Officers.

If you cannot be present at either meeting and want to run for an office, then you have to give the Adjutant a memo saying you will accept a position when nominated.



This is a very important process as the membership will elect the

people to lead us for the next year.

Your Vote counts and if you want to participate, please be in attendance at the meeting.

Become a leader and participate. We are a great Post and your involvement will make it better.

VFW Post 3787 Communications

Hello all, just a quick note to let you know that the team is working hard to get the new web-

site up and running for you soon, expected Mid March for the "New" look....Please make sure and give us your feedback. Thanks to Jody, Doreen, Karin, Jack, and most of all Rick T. Thank you all for your support!. Miss "P".

Our Proud Sponsors:



Craig A. Candelore, Esq.

Life Member VFW Post 3787

Lisa Berg, Esq

Wills & Trusts, Husband & Wife (AB) Trust

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Buy & Sell Recreation Vehicles

Home Depot: Attention U.S. Military & Veterans (Active Duty, DOD, Reserves, Guard, Retirees, Veterans and Military Spouses). Home Depot provides a 10% discount just by showing your Government ID. Great deal for all. Additionally, Home Depot provided a \$4000 grant for material for the Roof.

VFW Post 3787 Officers		Men's Auxiliary VFW Post 3787 Officers
Jack Turner - Post Commander Phone: 619-742-0698	John Kelley - Sr. Vice Commander Phone: 619-281-3871	Walter Mitte - President
Mike Wilson - Jr. Vice Commander	Rick Tanner - Post Quartermaster Phone: 858-569-6507	Mike Craig - Jr. Vice
Jose Hernandez - Chaplain Phone: 858-222-4792	Marilyn Maxwell - Service Officer Phone: 619- 400-5322	Richard Hunt - Treasurer
Arless Mathern - Canteen Manager	Canteen: 619-281-0137;	Jimmy Washburn - Sr. Vice
Office phone: 619-281-7067		Frank Janczylick - Secretary
		Dave (Craig) Tofte - Chaplain

Ladies Auxiliary VFW Post 3787 Officers	Special Dates in March / April:
Karin Fowler - President Phone: 619-583-7879	03/02 - Texas Independence Day
Annette Perea - Sr. Vice Phone: 619-248-3486	03/09 - Daylight Savings time begins
Ann Marie Schmidt - Jr. Vice	03/31 - César Chávez Day
Nicolette Kelley - Secretary Phone: 619-281-3871	04/01 - April Fools Day
Jan Illig Smith - Treasurer Phone: 858-220-4348	04/11 - National Submarine Day
Kathie Okolski - Chaplain Phone: 858-740-1269	04/15 - Passover begins / Taxes are Due
	04/18 - Good Friday
	04/20 - Easter
	04/22 - Passover Ends

Dollars and Cents: The Post has been experiencing a continuing number of expensive bills and permits. We now will have to start paying the annual District and Department dues. Additionally, the minimum wage has increased effective January 1, 2014 that increases our payroll. There will be another minimum wage increase July 1, 2014. All these things add up putting stress on our finances. I want to thank the volunteers who have stood up doing some meals for the Post. This really helps our financial ability. Thank you everyone, you are just super for doing this. The Super Bowl Party was a success and thanks to Bobby, Chrissy and all those who brought a dish to share. The food was great; even though the football game lacked, the party was super. By the time you read this, our new web site should be up and functioning. It took a lot of effort by a great number of people to accomplish this task. Any feedback would be appreciated. My personal congratulations go out to Commander Jack. He has achieved All State Status and through his recruiting efforts, the Post did not have to donate to a variety of State programs. He really worked the recruiting of past and new members; Well Done Jack. Your friendly Quartermaster, Rick Tanner

Tricare For Life Pharmacy Update: Beginning Feb. 14, TRICARE for Life beneficiaries will be required to fill maintenance medication prescriptions through the TRICARE Home Delivery (mail-order) pharmacy system. The change stems from the recently passed FY 2013 Defense Authorization bill and is designed to save money by lowering costs for both beneficiaries and DOD. For instance, a 30-day refill of generic medication costs \$5 at a retail drug store, but a 90-day refill through the mail-order pharmacy is free. For name brand medications, the cost is \$13 for a 90-day mail-order refill versus \$17 for a 30-day refill at a retail store. Beneficiaries living near a military hospital or clinic can continue to fill their prescriptions there and do not need to enroll in the mail order program. Additionally, nursing home patients and those with other prescription coverage are also exempt. Beneficiaries may opt out after using the mail-order refill system after the one-year trial period. TRICARE is currently reaching out to affected beneficiaries. You can enroll online or by phone:1-877-363-1303. For more info or to sign-up, go to

Vet Legal Clinic SITREP (excerpts taken): *(A few examples of real situations and legal advice received)*

Attorney Howard Thomas (Army Special Forces Veteran), Rich Allison (Marine Veteran) paralegal who administers the program, Laura Chambers (Navy Veteran) paralegal-in-training, and Sarah Tipton, the senior intake volunteer were present. In the Sit-Rep, we are only using the initials of the Veterans seen during the Clinic for confidentiality reasons. We had a total of eight (8) veterans attend the clinic. Some of these Veterans had more than one legal issue. The issues raised by the veteran clinic attendees cover a wide spectrum: Discharge upgrade, VA disability claims and compensation, land-lord tenant issues, lease agreements, criminal defense issues, Social Security Disability, collections, Wills etc.

USN Vet needed a will drafted for himself. He was walked through step by step preparing a holographic will. The staff explained all the key components of a holographic will such as specific bequeaths, residual clause, nominating an executor and alternates, disposition of remains etc.... His grandson was with him as well to help him complete his will.

USN Vietnam Vet retired from the military in 1988 and received a 10% rating from the VA. He was seeking advice on the procedures for getting qualified as a Vet Service Disabled business. He was told the correct procedures of getting qualified. Additionally, he wanted to learn more about increasing his VA rating since at the time he was getting out, he did not really care about it but now he has been experiencing health issues related to his military service. He was advised to get his military personnel and medical records from his treating physician and submit new claims with the VA. He was provided the contact

info of Marilyn Maxwell, a VFW VSO and follow up with her for assistance with this claim.

USN Vet needed advice on setting up a lease agreement for an RV pad in his backyard. He was advised that the custom lease agreement he drafted would not be as effective in court than using a standardize lease form. It would be better to use a standard lease agreement with added wording tailored to his particular circumstances. Using a standard lease agreement is more regularly accepted in court should a dispute arise.

USN Active Duty E-5 with 14 years of service was supposed to be getting out of the service due to his high tenure but was on an administrative hold due to an on-going sexual assault allegation made against him. His life was on hold and want to know his options. He has been on legal hold for six months awaiting the outcome pending an investigation into an alleged sexual assault. He was concerned that he could not make any plans at this time. The particular facts of his case were as follows: The alleged sexual assault had occurred off base and the civil authorities closed their investigations long ago and did not make any arrest or file charges because it was a possibly false allegation. However, the military had not closed their file. Because of the political pressure to investigate and convict service members for sexual assault, his case was allowed to linger and he has been left in limbo. He was advised to seek out and obtain JAG Defense Counsel and request thought JAG Defense Counsel an update regarding the status of the investigation of his case. He was further advised to seek out a civilian defense attorney as well, finances permitting, that could help him if the Navy charge him with

sexual assault. He should develop his defense strategy now while the facts and witnesses are fresh. Various macro defense strategy were discussed with the Veteran.

USN Vet came in with two (2) issues: How to increase his disability rating due to aggravations of existing service connected disabilities and new unclaimed medical issues, and whether he would qualify for Social Security Disability. He is currently living at VVSD and has a 60% disability rating from the VA but is unable to work because of aggravations of his disabilities and new medical issues. He also alleges an alcohol problem which got him admitted into VVSD. He wants explore options that would increase his disability rating with VA and explore receiving Social Security Disability. (The Veterans situation was unusual because the Veteran had two (2) enlistments. The 1st was honorable and the second enlisted lasted only 14 months when he was dishonorably discharged. The VA was going off only the first enlistment. Some of his alleged injuries were incurred during his second enlistment and if the timing was properly scrutinized might jeopardize is VA compensation). He was advised to file an additional claim with the VA for aggravations to his exiting VA disabilities. He was advised to go through a Service Officer. We advised using the VFW representative Marilyn Maxwell because she has an office at the VA Center Mission Valley. Second, before filing for new VA claims we advised him to bring in his 2nd DD214 and bad conduct discharge paperwork so we could review it and see how it would affect his claim of new injuries which occurred during the 2nd enlistment. Regarding the Veteran's SSDI, we explained the procedure to apply.



Mission Valley Post 3787 & Ladies /Men's Auxiliary

March 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Post Burgers 11-2
2 Cdr's Bkfst 8-noon	3 OPEN	4 Linda Lunch 12-2	5 Cootie Burgers 5 - 7 pm	6 Linda Lunch 12-2	7 Fish Dinner by LAUX (Chris&Crew) 5:30- 7:30PM	8 Cancer Dinner—by LauX 5:30pm
9 Cootie Bkfst 8-noon	10 OPEN	11 Linda Lunch 12-2	12 LAUX Mexican Nite 5-7 PM	13 Linda Lunch 12-2	14 PRIVATE PARTY— 11:30-4PM	15 Post Burgers 11-2
16 LAUX Bkfst 9-noon.	17 St. Patrick's Day	18 Linda Lunch 12-2	19 Italian Nite by LAUX 5-7 PM	20 Linda Lunch 12-2	21 Fish Dinner by LAUX (Nick&Crew) 5:30—7:30PM Karaoke 7:30-11:30	22 Post Burgers 11-2
23 MCorp Bkfst 8-noon	24 OPEN	25 Linda Lunch 12-2	26	27 Linda Lunch 12-2	28 Mens Aux Dinner 5-7pm	29 Post Burgers 11-2
30 SUBVets Bkfst 8-noon	31 OPEN					

Standing Meetings/Sessions:

Men's Auxiliary Mtg: 3/1 @ 10:00AM

Post Meeting: 3/8 @ 10AM

Cootie/MOCA Mtg: 3/9 @ 12:00PM

SUBVETS Mtg: 3/11 @ 7:00PM

Vets Legal Clinic: 3/15 @ 9:00AM-3pm

Ladies Auxiliary: 3/18 @ 6:30PM

Marine Corps League Mtg: 3/20 @ 7:00PM

Address: 4370 Twain Avenue, San Diego, CA 92120

WWW.VFWPost3787.com

Phone: 619-281-0137



Mission Valley Post 3787 & Ladies /Men's Auxiliary

April 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Linda Lunch 12-2	2	3 Linda Lunch 12-2	4 Fish Dinner by LAUX (Chris&Crew) 5:30- 7:30PM	5 Post Burgers 11-2
6 Cdr's Bkfst 8-noon	7 OPEN	8 Linda Lunch 12-2	9 LAUX Mexican Nite 5-7 PM	10 Linda Lunch 12-2	11	12 Post Burgers 11-2
13 Cootie Bkfst 8-noon	14 OPEN	15 Linda Lunch 12-2	16 Italian Nite by LAUX 5-7 PM	17 Linda Lunch 12-2	18 Fish Dinner by LAUX (Nicky&Crew) 5:30—7:30PM Karaoke 7:30-11:30	19 Post Burgers 11-2
20 LAUX Bkfst 9-noon.	21 Past Cmdr's Mtg & Dinner	22 Linda Lunch 12-2	23	24 Linda Lunch 12-2	25	26 Post Burgers 11-2
27 MCorp Bkfst 8-noon	28 OPEN	29 Linda Lunch 12-2	30			

Standing Meetings/Sessions:

- Men's Auxiliary Mtg: 4/5 @ 10:00AM
- Post Meeting: 4/12 @ 10AM
- Cootie/MOCA Mtg: 4/6 @ 12:00PM
- SUBVETS Mtg: 4/8 @ 7:00PM
- Vets Legal Clinic: 4/19 @ 9:00AM-3pm
- Ladies Auxiliary: 4/15 @ 6:30PM
- Marine Corps League Mtg: 4/17 @ 7:00PM

Address: 4370 Twain Avenue, San Diego, CA 92120

WWW.VFWPost3787.com

Phone: 619-281-0137

Vet Legal Clinic SITREP (excerpts taken) (cont):

USA Vet had two legal question for which he was seeking advice: (1) was a VA type small business loan through Chase Bank which loaned him up to \$2000 for a small business venture. Since he was experiencing health problems, he was not able to earn a living anymore with his small painting contracting business to pay back the loan. He is currently living rent free in the basement of a friend's house. We explained that the bank has four years to file a lawsuit against him from the date of his last payment. The loan has been delinquent for three of the four so most likely it will be possibly written off by the bank. However if he wanted to contact the bank, he was advised to contact the bank and explain that at this time he was not able to pay back the loan because of a disability and ask for a deferment or an interest free pay-back program. (2) He had a ques-

tion regarding recovering \$4,500 for a paint job performed for which he was not compensated. This was over eight years ago so it was beyond the statute of limitations to file in court and collect on it. Second he had performed the paint work and was not licensed and it is problematic if he even had standing to sue for more than \$600, which is the amount he could collect as a non-licensed contractor.

USMC Vietnam Vet was seeking advice on why his VA disability compensation was not increase after he showing the VA that his VA connected medical issues have gotten worse. He was exposed to agents that caused various skin cancers and was suffering from cancer related issues but the VA had denied him an increase to his rating. (His VA connected cancer had required him to go through several major surgeries). He was advised since he was

a Force Recon Marine that has many other injuries that he should be claiming instead of focusing on the claims for which the VA had denied him an increase in rating. After a lengthy discussion he acknowledged that he had not put in for PTSD or a dislocated hip just to mention a few. He was advised to first get his personnel service record and treatment record and review them carefully to find support for many of his to date unclaimed injuries. He was told to approach Marilyn Maxwell, a VFW VSO at the VA Mission Valley Center, when he was ready to file for additional medical issues. He also had a question about Social Security Disability and wanted to know more about it. He was currently drawing Social Security Retirement. He was advised to file a claim for Social Security Disability as well, it would add on additional funds plus they would be tax free.

2013 - 2014 VFW 3787 POPPY DRIVE REQUEST FORM PLEASE PRINT INFORMATION			
Sponsor: (Your Name)			
There are four types of displays:			
Small Poster (honor/recognize the living/Past) - \$5.00 Large Memorial Board (honoring the Past) - \$10.00		We Care Board (honoring anyone Past or Present) - \$20.00. Pet Board - (honoring a Pet -Past or Present) - \$3.00	
Type of Board: (enter qty of each of those that apply)			
Poppy Board <i>(\$5 - Living person)</i>	Memorial Board <i>(\$10 - Deceased person/ group)</i>	Those Who Card Board <i>(\$20)</i>	Pet Board <i>(\$3)</i>
Name(s):			
Name(s):			
Amount Donated:		Date:	
Do you want a sponsor name, logo, picture, or emblem on the Poppy Poster/Board/Banner (check yes or no):			Yes : No:
Please indicate: (ex: 18th Airborne, Medal of Honor, Bronze Star, US Navy emblem, Personal Picture, Pearl Harbor monument, Ford Truck etc. If I can find it I will put it on) Personal Pictures will be returned. Indicate what you would like in the space below (please print):			